



# ST800FT FUNCTIONAL TRAINER



## **ST800FT** FUNCTIONAL TRAINER

- Ultimate exercise variety in one machine
- Dual 210 lb weight stacks in 10 pound increments
- 31 quick-change laser etched numbered settings on each station
- Heavy-gauge powder-coated steel frame with fully enclosed steel shrouds for ultimate safety and durability
- Large steel accessory holder with easily identifiable pictures to show where each accessory is stored (accessories included)
- Wide base is easily accessible for benches, stability balls, and rehab equipment



## ST800FT FEATURES

The Spirit Fitness ST800FT Functional Trainer is what happens when durability, versatility, safety, and performance are combined. The frame is built using heavy-gauge steel tubing with a powder-coated finish to ensure solid performance year after year. With full-length steel shrouds in both the front and back of the weight stack, and heavy-gauge metal pulley housing covers, precious moving parts are protected to help reduce the risk of injury and prolong the life of the machine.

The versatility of the ST800FT is what sets it apart from other equipment. The standard weight stack of 210 lb is adjustable in 10 lb increments using the magnetic pins with machined solid aluminum knobs. The included attachments, pull-up bars, climbing grips, and pulley positions provide an almost endless array of possible exercises all from one machine. The wide base, and easily adjustable cable ends also rotate 180° making the Spirit Fitness ST800FT accessible to a variety of users and opens new workout possibilities by easily accommodating things like rehab equipment, workout benches, or stability balls.

A cable ratio of 2:1 ensures smooth action and greater range of movement. Each 10 lb weight plate is cast steel and includes nylon sheaths to help decrease friction and noise, and help reduce stress on the plates from harsh impact. The guide rods are solid steel with a hardened chrome finish for a premium commercial feel.

## EQUIPMENT SPECIFICATIONS

<b>Accessories</b>	long bar, short handle, revolving straight bar, ankle strap, long grip handles (x2), tricep rope
<b>Weight Stacks</b>	two, 210 lb weight stacks
<b>Frame</b>	heavy-gauge steel tubing with powder-coated finish
<b>Dimensions</b>	80.2" x 40.3" x 84"
<b>Product Weight</b>	578 lb
<b>Max User Weight</b>	350 lb

## WARRANTY INFORMATION

**Commercial (Non-Dues Paying Facilities)** – 10 years frame, 5 years parts, 1 years cables, 6 months attachments and grips