

Owner's Manual

Model No.
16207999000
AB900 Air Bike

- Assembly
- Operation
- Adjustments
- Parts
- Warranty

CAUTION:
Read and
understand this
manual before
operating unit

SPIRIT



Retain For Future Reference

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Thank you for purchasing our product, please save these instructions. Please do not perform or attempt any customizing, adjustments, repair or maintenance that is not described in this manual.

SPIRIT

**CONGRATULATIONS ON YOUR
NEW BIKE AND WELCOME
TO THE SPIRIT FAMILY!**

Thank you for your purchase of this quality air bike from Dyaco Canada Inc. Your new bike was manufactured by one of the leading fitness manufacturers in the world and is backed by one of the most comprehensive warranties available. Through your dealer, Dyaco Canada Inc. will do all we can to make your ownership experience as pleasant as possible for many years to come. The local dealership where you purchased this bike is your administrator for all Dyaco Canada Inc. warranty and service needs. Their responsibility is to provide you with the technical knowledge and service personnel to make your experience more informed and any difficulties easier to remedy.

Please take a moment at this time to record the name of the dealer, their telephone number, and the date of purchase below to make any future, needed contact easy. We appreciate your support and we will always remember that you are the reason that we are in business. Please complete and mail your registration card today and enjoy your new bike.

Yours in Health,
Dyaco Canada Inc.

Name of Dealer _____

Telephone Number of Dealer _____

Purchase Date _____

Product Registration

RECORD YOUR SERIAL NUMBER

Please record the Serial Number of this fitness product in the space provided below.

Serial Number _____

REGISTER YOUR PURCHASE

The self-addressed product registration card must be completed in full and returned to Dyaco Canada Inc.

BEFORE YOU BEGIN

Thank you for choosing the Air bike. We take great pride in producing this quality product and hope it will provide many hours of quality exercise to make you feel better, look better, and enjoy life to its fullest. It's a proven fact that a regular exercise program can improve your physical and mental health. Too often, our busy lifestyles limit our time and opportunity to exercise. The Air bike provides a convenient and simple method to begin your assault on getting your body in shape and achieving a happier and healthier lifestyle. Before reading further, please review the drawing below and familiarize yourself with the parts that are labeled.

Read this manual carefully before using the Air bike. Although Dyaco Canada Inc. constructs its products with the finest materials and uses the highest standards of manufacturing and quality control, there can sometimes be missing parts or incorrectly sized parts. If you have any questions or problems with the parts included with your Air bike, please do not return the product. Contact us **FIRST!** If a part is missing or defective call us toll free at 1-888-707-1880. Our Customer Service Staff are available to assist you from 8:30 A.M. to 5:00 P.M. (Eastern Time) Monday through Friday. Be sure to have the name and model number of the product available when you contact us.

SAFETY PRECAUTIONS

IMPORTANT SAFETY INFORMATION READ ALL INSTRUCTIONS BEFORE USING THIS BIKE

CAUTION: Before starting any exercise program, it is recommended that you consult your physician.

Thank you for purchasing our product. Even though we go to great efforts to ensure the quality of each product we produce, occasional errors and/or omissions do occur. In any event should you find this product to have either a defective or a missing part please contact us for a replacement.

This exercise equipment was designed and built for optimum safety. However, certain precautions apply whenever you operate a piece of exercise equipment. Be sure to read the entire manual before assembly and operation of this machine. Also, please note the following safety precautions:

1. Read the OWNER'S OPERATING MANUAL and all accompanying literature and follow it carefully before using your bike.
2. It is the responsibility of the facility to ensure that all users of the air bike are adequately informed of all precautions.
3. If dizziness, nausea, chest pains, or any other abnormal symptoms are experienced while using this equipment, STOP the workout at once. CONSULT A PHYSICIAN IMMEDIATELY.
4. Inspect your exercise equipment prior to exercising to ensure that all nuts and bolts are fully tightened before each use.
5. The bike must be regularly checked for signs of wear and damage. Any part found defective, the part must be replaced with new spare part from the manufacturer.
6. Fitness equipment must always be installed on a flat surface, do not place the unit on a loose rug or uneven surface. It is recommended to use an equipment mat to prevent the unit from moving while it is being used, which could possibly scratch or damage the surface of your floor. Keep the air bike indoors, away from moisture and dust.
7. No changes must be made which might compromise the safety of the equipment.
8. It is recommended to have a minimum of 1' safe clearance around the exercise equipment while in use.
9. Keep children and pets away from this equipment at all times while exercising.
10. Warm up 5 to 10 minutes before each workout and cool down 5 to 10 minutes afterward. This allows your heart rate to gradually increase and decrease and will help prevent you from straining muscles.
11. Never hold your breath while exercising. Breathing should remain at a normal rate in conjunction with the level of exercise being performed.
12. Always wear suitable clothing and footwear while exercising. Do not wear loose fitting clothing that could become entangled with the moving parts of your air bike.
13. Always hold the handlebars when mounting, dismounting, or using the air bike.
14. Keep your back straight when using the bike exerciser; do not arch your back.
15. If decals on the air bike are missing or illegible, please call our customer service department toll free at 1-888-707-1880 and order a replacement decal.
16. Care must be taken when lifting or moving the equipment, so as not to injure your back. Always use proper lifting techniques
17. User weight should not exceed 350 lbs (159 kgs)

WARNING: Before beginning any program consult your physician. This is especially important for individuals over the age of 35 or persons with pre-existing health problems. Read all instructions before using any fitness equipment. We assume no responsibility from personal injury or property damage sustained by or through the use of this product.

SAVE THESE INSTRUCTIONS

IMPORTANT SAFETY INSTRUCTIONS

The following fitness safeguards and operating precautions are directed to purchasers and users of the Air Bike. Club Managers should ensure that members and fitness staff are trained to follow these same instructions. Failure to follow these safeguards may result in injury or serious health risk.

WARNING - Read all instructions before using this equipment.

- Do not operate bike on deeply padded, plush or shag carpet. Damage to both carpet and bike may result.
- Keep children under the age of 13 away from the bike. There are obvious pinch points and other caution areas that can cause harm.
- Keep hands away from all moving parts.
- Never drop or insert any object into any openings.
- Do not use outdoors.
- Do not attempt to use your bike for any purpose other than for the purpose it is intended.
- Wear proper shoes. High heels, dress shoes, sandals or bare feet are not suitable for use on your bike. Quality athletic shoes are recommended to avoid leg fatigue.
- This equipment is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the equipment by a person responsible for their safety.
- Ensure that the seat height adjustment knobs are properly secured and do not interfere with range of motion during exercise.
- Do not dismount the bike until both the pedals and the moving arms have stopped completely. Failure to comply may lead to loss of control and serious injury.
- Listen to your body, ride at a pace that feels right for you.
- Never turn the pedal crank arms by hand.
- Stay hydrated. Drink water throughout your ride as needed.
- Stay in control by executing all movements at a slow pace before attempting to increase your speed. Do not exercise at high speeds and intensity without having initially established a baseline fitness level and obtaining a medical clearance from your physician. Focus on form, posture and establishing a controllable pace before attempting any high intensity short duration sprints.
- Never place your feet in any position on the bike other than the pedals.

SAVE THESE INSTRUCTIONS - THINK SAFETY!

IMPORTANT OPERATION INSTRUCTIONS

- **NEVER** operate this bike without reading and completely understanding the results of any operational change you request from the computer.
- Use caution while participating in other activities while pedaling on your bike; such as watching television, reading, etc. These distractions may result in serious injury.
- Always hold on to a handrail or handlebar while making control changes (resistance, etc.).
- Do not use excessive pressure on console control keys. They are precision set to function properly with little finger pressure. Pushing harder is not going to make the unit go faster or slower. If you feel the buttons are not functioning properly with normal pressure contact your dealer.

Warning Labels and Communication Stickers

The following pages show examples of Spirit® Fitness warning labels and communication stickers placed on the equipment as part of the manufacturing process. It is critical that owners maintain the integrity and placement of these stickers. If you find any stickers missing or damaged contact your local dealer or distributor for a replacement.

NOTE: **STICKERS AND LABELS ARE NOT SHOWN TO SCALE**

Exercise Warning Decal

WARNING AVERTISSEMENT

SERIOUS INJURY COULD OCCUR IF THESE PRECAUTIONS ARE NOT OBSERVED.

- Consult your physician before use.
- Stop immediately if you become dizzy or experience chest pains and consult your physician.
- Heart Rate monitoring systems can be inaccurate; use them for reference only.
- Read all warnings on the unit and be properly instructed or read the Owner's Manual on how to use before beginning.
- Inspect this machine for damage prior to use.
- Keep body, clothing, and fitness accessories clear of moving parts.
- Risk of personal injury – Keep children under the age of 13 away from machine.

Le non respect de ces directives pourrait entraîner des blessures graves, voir mortelles:

- Consultez votre médecin avant de l'utiliser.
- Arrêtez immédiatement en cas d'étourdissements ou des douleurs à la poitrine et consultez votre médecin.
- Les lectures de fréquence cardiaque peuvent être inexactes; utiliser à titre indicatif seulement.
- Lisez tous les avertissements et les instructions sur l'appareil et dans le manuel du propriétaire avant l'utilisation.
- Inspectez cet appareil pour tout dommages avant de l'utiliser.
- Garder le corps, les vêtements et accessoires d'entraînement à l'écart des pièces mobiles.
- Risque de blessures- gardez les enfants âgés de moins de 13 ans loin de l'appareil.



WARNING / AVERTISSEMENT

Model/Modèle:
Serial/Numéro de série:

For consumer use only. Max user weight limit

CAUTION: SMALL CHILDREN AND PERSONS PHYSICALLY HANDICAPPED SHOULD NOT USE ANY EXERCISE EQUIPMENT WITHOUT A QUALIFIED PERSON IN ATTENDANCE. WARNING: KEEP CHILDREN AWAY FROM THE [REDACTED] KEEP BODY AND CLOTHING FREE AND CLEAR OF ALL MOVING PARTS. THE POSSIBILITY OF SERIOUS INJURIES OR DEATH IF CAUTION IS NOT USED. READ ALL WARNINGS AND INSTRUCTIONS PRIOR TO USE. REPLACE LABEL IF DAMAGED, ILLISIBLE OR REMOVED.

Usage à des fins personnelles seulement poids maximum de l'utilisateur

ATTENTION: LES ENFANTS ET LES PERSONNES AVANT UN HANDICAP PHYSIQUE NE DOIVENT UTILISER AUCUN APPAREIL D'EXERCICE SANS LA SURVEILLANCE D'UNE PERSONNE QUALIFIÉE. AVERTISSEMENT: GARDER LES ENFANTS À L'ÉCART DU [REDACTED] GARDER LE CORPS ET LES VÊTEMENTS ÉLOIGNÉS DE TOUTE PIÈCE MOBILE. LE RISQUE DE VIOLENCE DANS L'UTILISATION DE CET APPAREIL POURRAIT ENTRAÎNER DE GRANDES BLESSURES ET MÊME LA MORT. LIRE TOUTS LES AVERTISSEMENTS ET TOUTES LES DIRECTIVES AVANT UTILISATION. REMPLACER TOUTE ÉTIQUETTE ENDOMMAGÉE, ILLISIBLE OU MANQUANTE.

Dyaco Canada Inc.
5955 Don Murie St
Niagara Falls, Ontario
L2G 0A9

Customer Service
Service à la clientèle
1-888-707-1880

Assembly & Setup

UNPACKING AND PARTS

1. Cut the straps then lift the box over the unit and unpack. Remove all parts from the shipping carton and foam inserts, and verify that all parts are included in your shipment:
2. Locate the hardware package. The hardware is separated into four steps. Remove the tools first. Remove the hardware for each step as needed to avoid confusion. The numbers in the instructions that are in parenthesis (#) are the item number from the assembly drawing for reference.

NOTE: All tools required to assemble the bike are included within the packaging, except for a Rubber Mallet, which is recommended when assembling the pedals onto the bike.

Take time now to enter your Air Bike serial number in the space below (serial number is located on the center floor tube behind the crank.

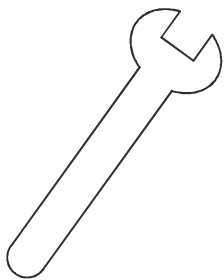
Serial No. _____

NOTE: If you are missing any of the parts listed above, inspect the packing material and the box for items that may have been overlooked.

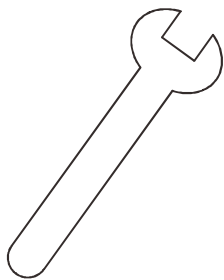
CAUTION: Damage to the bike during assembly is not covered as part of the limited Spirit Fitness warranty. Take care not to drop or lean the bike on its side. Carefully stand the bike up in the normal upright position on a stable surface so it will not tip over during assembly.

Protect the environment by not disposing of this product with household waste. Check your local authority or approved waste center for recycling advice and facilities.

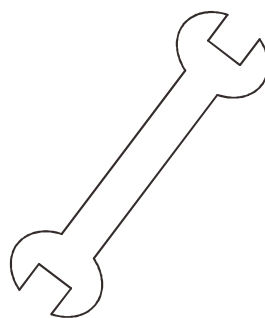
Assembly Tools



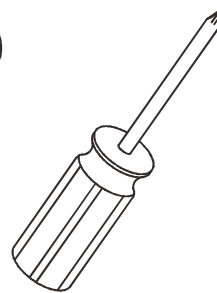
#94. 10mm Wrench
(1 pc)



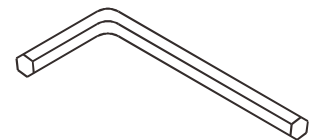
#95. No. 22 x190mm
Wrench (1 pc)



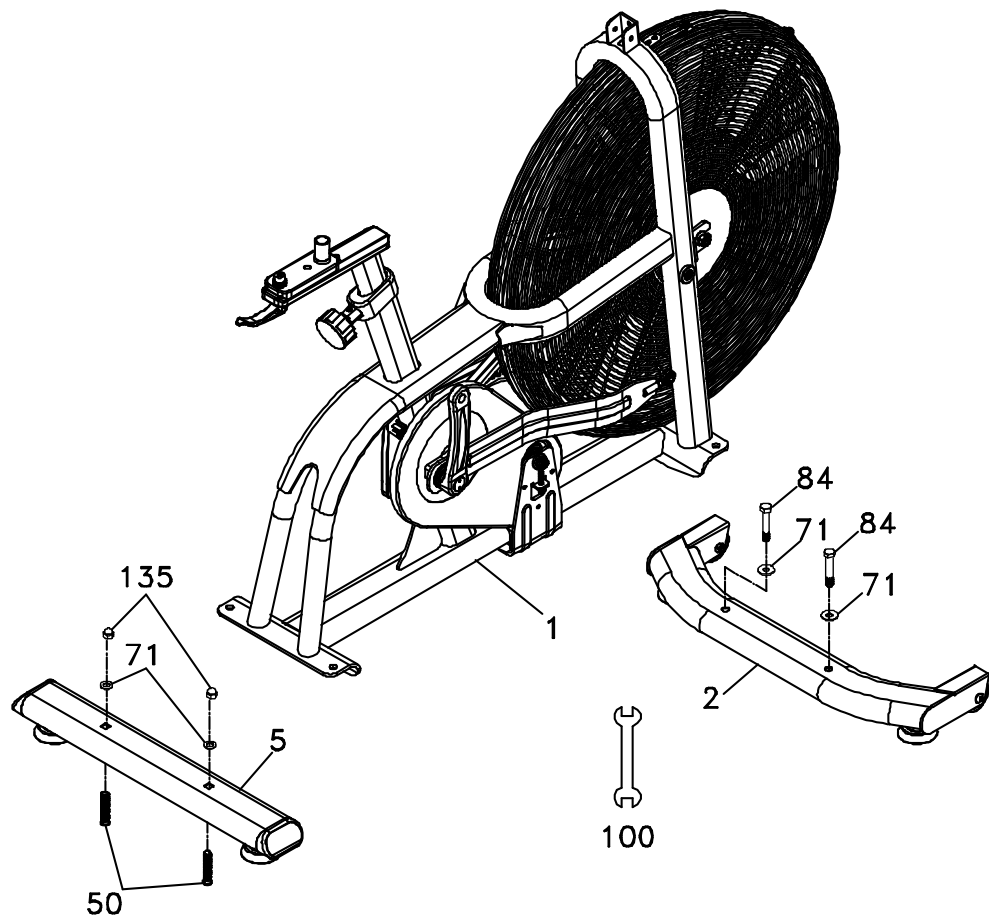
#100. 14/15mm
Wrench (1 pc)



#93. Phillips Head
Screwdriver
(1 pc)



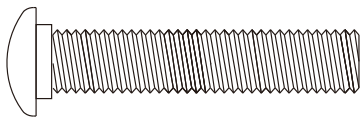
#126. M4 L Allen
Wrench
(1 pc)



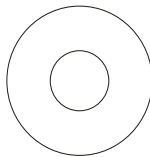
STEP 1. Assembly of Front/Rear Stabilizers

1. Use a wrench (100) to fasten the front stabilizer (2) onto the main frame (1) with one set of hex head bolts (84) and flat washers (71).
2. Use a wrench (100) to fasten the rear stabilizer (5) onto the main frame (1) with one set of carriage bolts (50), flat washers (71), and cap nuts (135).

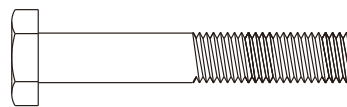
HARDWARE



#50. 3/8" x 53mm
Carriage Bolt
(2pcs)



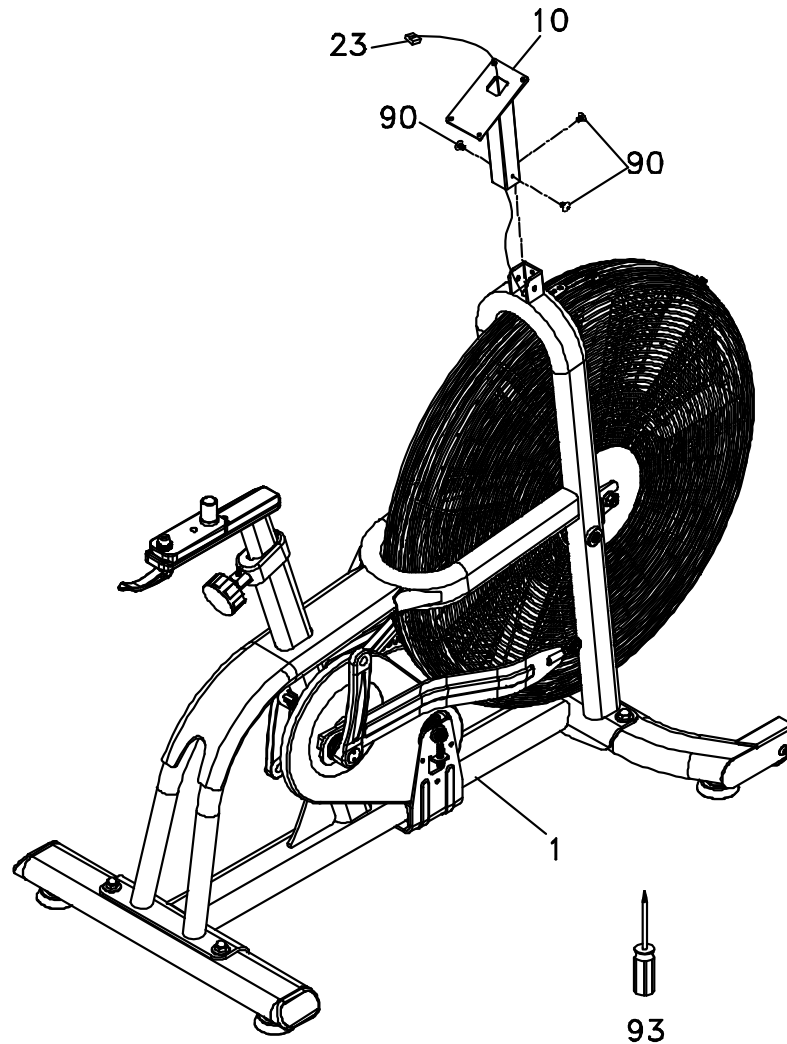
#71. 3/8" x 25 x 2T
Flat Washer
(4pcs)



#84. 3/8" x 2-1/4"
Hex Head Bolt (2pcs)



#135. 3/8"
Cap Nut
(2pcs)



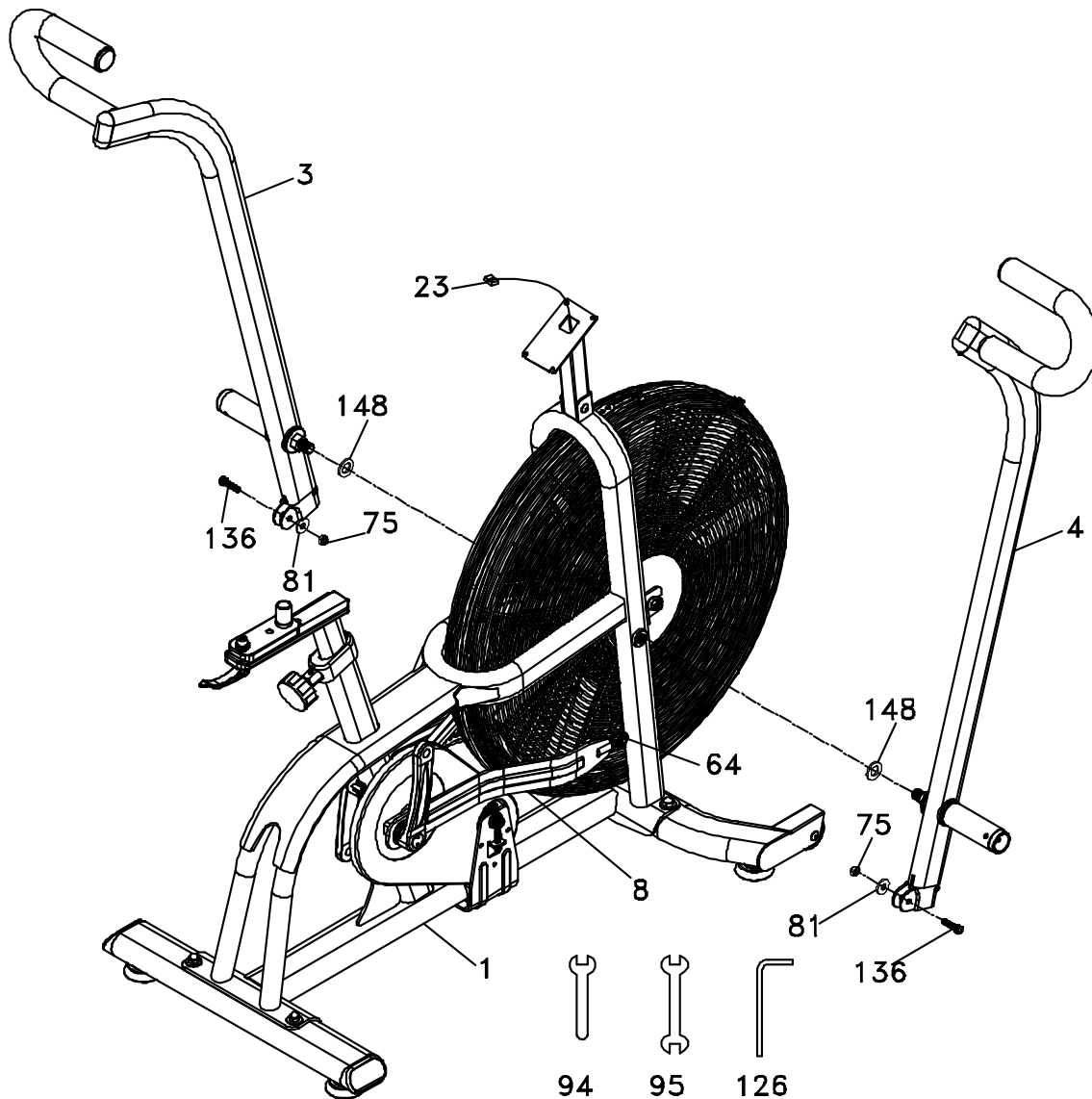
STEP 2. Assembly of the console support

1. Insert the cable (23) through the hole of the console support (10) carefully.
2. Use a screwdriver (93) to fasten the console support (10) onto the main frame (1) with three Phillips head screws (90).

HARDWARE



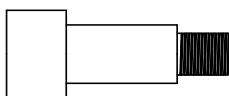
#90. M6 x 10mm
Phillips Head Screw (3pcs)



STEP 3. Assembly of Left/Right handlebars

1. Insert one spring washer (148) on the left handlebar (3) and right handlebar (4) before fastening them onto the main frame (1) with a wrench (95).
2. Attach the left handlebar (3) and right handlebar (4) with Rocker links (8) on both sides of the main frame with one set of bolts (136), rod end bearings (64), flat washers (81), nyloc nuts (75).
3. Use a wrench (94) and a Allen wrench (126) to fasten all bolts and washers.

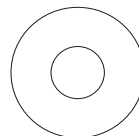
HARDWARE



#136. M8 x 20mm
Bolt
(2pcs)



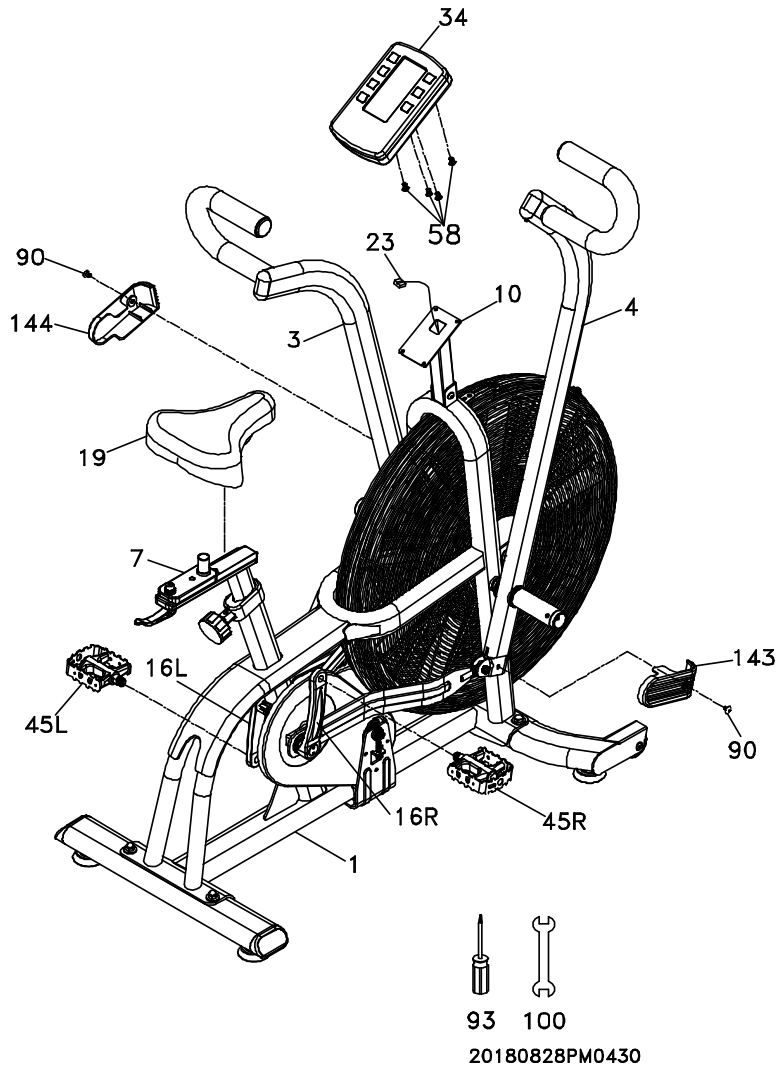
#75. M6 x 6T
Nyloc Nut
(2pcs)



#81. 5/16" x 20 x 3T
Flat Washer
(2pcs)



#148. M16 x 3T
Spring Washer
(2pcs)



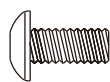
STEP 4. Assembly of Console set, Seat, Pedals, and Connecting Arm Coves

1. Connect the cable (23) to the console assembly (34) carefully.
2. Use a screwdriver (93) to fasten the console assembly (34) onto the console support (10) with four screws (58).
3. Use a wrench (100) to fasten the left pedal (45L) onto the left crank arm (16L) and right pedal (45R) onto the right crank arm (16R) respectively.
4. Use a wrench (100) to fasten the seat (19) onto the sliding seat mount (7).
5. Use a screw driver (93) to fasten the left connecting arm cover (144) onto the left swing arm (3) with one Phillips head screw (90).
6. Use a screw driver (93) to fasten the right connecting arm cover (143) onto the right swing arm (4) with one Phillips head screw (90).

HARDWARE



#90. M6 x 10mm
Phillips Head Screw (2pcs)



#58. M5x 12mm
Phillips Head Screw
(4cs)

WARNING

To prevent any damage, verify the cable harness is not kinked and out of the way of the brackets when mating the console mast to the base of the machine.

Testing Bike

Use this checklist to perform the bike test procedure.

- Recheck all the bolts and make sure they are all tightened to the proper torque specification (if indicated) and no parts are missing.
- Test the seat post to make sure they move freely and you are able to lock in at different positions.
- Check the seat to make sure it is level and tight and does not rotate around or tilt. Tighten and adjust as needed.
- Test the seats horizontal adjustment for movement front to rear and check it by settings it at different settings.
- Adjust seat post to your needs (Refer to page 24). Ride / test the bike for proper operation according to this owner's manual.

CAUTION: The swing arms move whenever the pedals are turning. Do Not dismount the bike until the pedals and swing arms come to a complete stop.

- Pedal the bike at a moderate pace and test for proper and smooth movement of the pedals and arms.
- When the testing is complete, even the swing arms, and tip the bike forward using the arms and roll it on a smooth surface to the final location and adjust the leveling feet so the bike is stable.

Instructions

Your Air Bike is easy to use. There are no resistance knobs to adjust as the resistance comes from the isokenetic resistance created by the movement of air with the fan-shaped flywheel. Control over the resistance is obtained by simply varying the pace of pedaling and of the push / pull on the swing arms. Typically, exercising at a slower pace generates a lower resistance from the flywheel, enabling a cardiovascular endurance workout that can be sustained for extended periods of time. Higher pace exercise involving faster pedaling and more forceful pushing / pulling on the movement arms creates a greater resistance level that will deliver a greater muscle endurance or anaerobic workout. Anaerobic exercise and High Intensity Interval Training (HIIT) are much more strenuous forms of exercise that should only be undertaken by users that have established a baseline fitness level capable of adapting to this form of exercise. Users are also encouraged to discuss their health program or fitness regimen with their healthcare professional.

Additionally, the bike can be operated with only the use of the swing arms for an upper-body-only workout. The front foot pegs located on either side of the flywheel are to be used when exercising only with the swing arms. Position feet securely on these platforms while pushing / pulling on the swing arms.

NOTE: that the pedals will continue to rotate when the bike is used with the swing arms only. Be certain to maintain feet on the front foot platforms when exercising with the swing arms only so that feet stay clear of the rotating pedals.

Seat Adjustments

Proper bike setup gives you a more comfortable ride and reduces your risk of injury.

To adjust the seat height:

Dismount the bike. Loosen and pull out on the seat height pop-pin to release it from its current preset location, while holding the seat with one hand. Raise or lower the seat to the desired height, then gently release the pop-pin. Raise or lower the seat slightly, if necessary, until the pop-pin engages a preset hole.

SEAT HEIGHT

At the proper height, there should be a slight bend in your knee when you're at the bottom of a pedal stroke. (Figure 1)

FORE/AFT POSITION

Once the proper height has been achieved, adjust the seat forward or back so that when the feet are in the 3 o'clock and 9 o'clock positions, the forward knee is directly over the pedal axle. Recheck the seat height again after making the fore/aft adjustment, as moving the seat forward and backward can have the same effect as moving it higher or lower. (Figure 2)

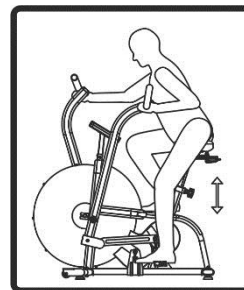


Figure 1

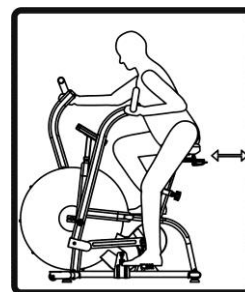


Figure 2

TRAINING INFORMATION

Before Beginning

Be sure the seat is adjusted for your body size and comfort before beginning your workout. Consult your physician before beginning this or any other exercise routine. Discontinue any exercise that causes you discomfort and consult a medical expert.

Warm-Up

Once you are in position and sitting on the bike with your hands in a comfortable position on the movement arms, slowly begin pedaling, while pushing / pulling on the arms. A gradual warm-up prepares the muscles and cardiovascular system for a more intense workout and helps prevent potential injuries from occurring. Your warm-up should be sufficient once your breathing rate begins to increase and you begin to perspire lightly. The warm-up period should last about five minutes.

Work Out

A brisk and rhythmic workout will train the muscles and cardiovascular system to perform at a higher efficiency. The key is to exercise aerobically; typically, at 60% – 80% of your maximum heart rate.

Cool-Down

Slow and relaxed activity after a workout allows the muscles and cardiovascular system to gradually return to a resting level.

Dismounting Bike

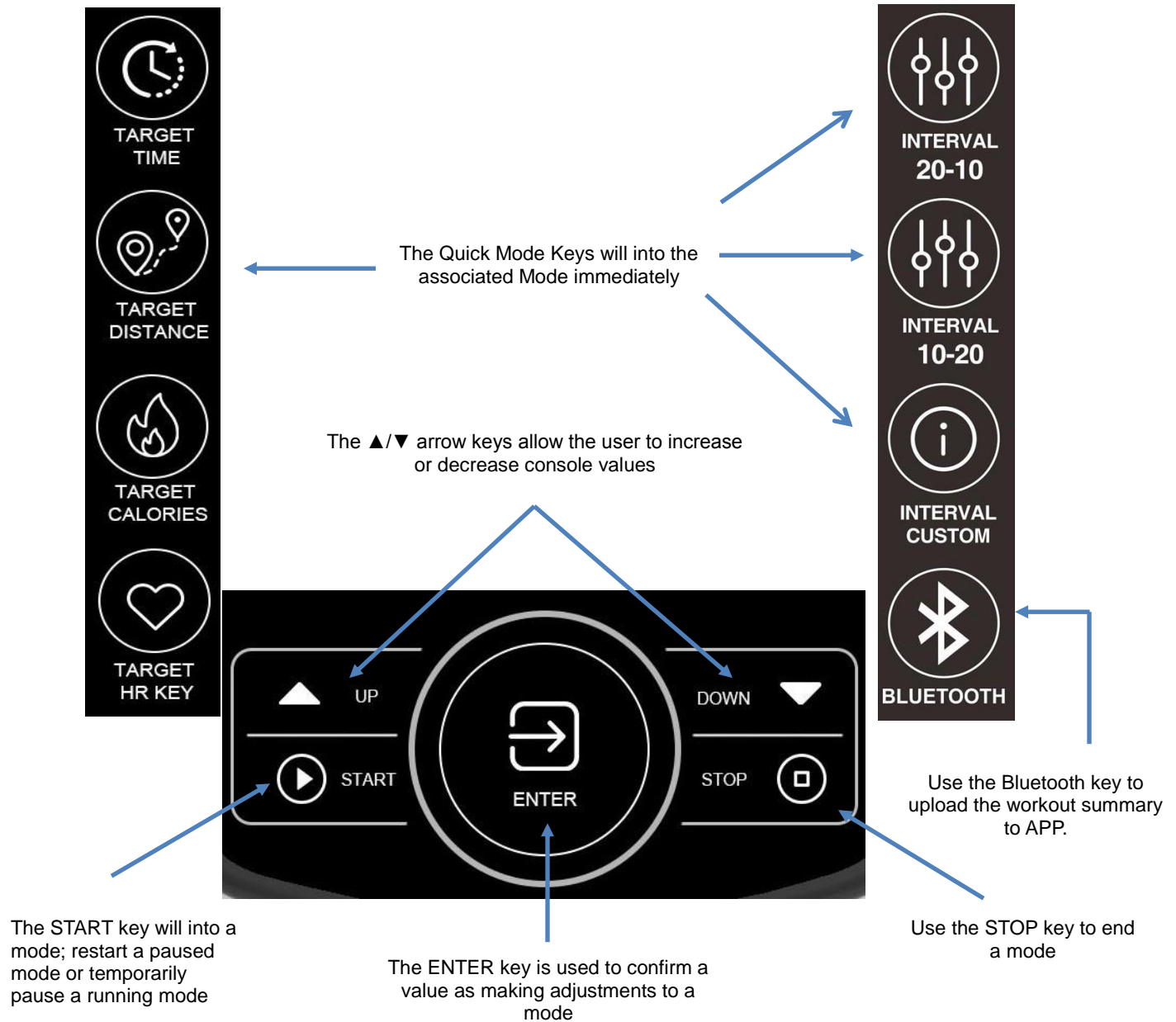
WARNING: DO NOT DISMOUNT THE BIKE OR REMOVE YOUR FEET FROM THE PEDALS UNTIL BOTH THE PEDALS AND THE SWING ARMS HAVE STOPPED COMPLETELY. Failure to comply may lead to loss of control and serious personal injury.

Console Operation

CONSOLE KEYS



CONSOLE KEYS



Interval Display Panel



The Interval Display Panel will show all details for the Interval 20/10, Interval 10/20 and Interval Custom mode.

In upper banner will tell which interval mode is operating. This display will instruct whether the current operating interval is in WORK or REST period.

The TOTAL TIME launch will show the total run time while the large numeric display will show the WORK or REST segment time.

The 88/88 will show the current interval and the total number of intervals.

Target Time, Distance & Calories Display Panel



The Target Display Panel will show Time, Distance and Calories as operating mode.

As any of the target symbol is appears means that target mode is operating.

The TIME will alternate show the remain or elapsed time.

The DISTANCE will countdown in miles or kilometers depending upon the initial console setup.

The CALORIES will countdown the number of calories burned during workout.

Watts / Speed / RPM Display



Watts, Speed and RPM will be displayed during all modes.

The watts will show the amount of work produced in a particular time during workout.

The Speed will show the value which is derivative from the RPM or pedal speed. The value will show in miles or kilometers depending upon the initial console setup.

RPM (revolutions-per-minute) is the speed of the spinning cranks.

Heart Rate Display Panel



This Panel will show every user's heart rate relating information.

When console detected a signal from the wireless monitor, the BPM (beats- per-minute) will show in the large three-digit field and the heart icon will flash. However, if console is not detected any signal, it will show --- in that field.

When the target heart rate mode is operating, the console helps the user maintain in a BPM range to build cardiovascular endurance. The target value range will post next to the 65% of Max HR and 85% of Max HR banners . The **▲** or **▼** symbol will flash to tell that an increased or decreased pedal speed is needed to reach the desired range. When the user's heart rate is in the target range, the Target Heart Rate Achieved banner will light.

Console Setup

Battery Installation

The console operates on 4*AA batteries (not included). The battery compartment is on the back side of the console.

Setting Metric & Imperial Units – Setup Mode

The default setting is in Imperial Units (mph).

In the Ready Mode press and hold the START and ENTER keys for two (2) seconds until distance shows and flash and then press ENTER. KM or M is now flashing, pressing ▲ or ▼ to select metric (KM) or imperial (M) units, and then press ENTER to confirm.

Programming

Sleep Mode

After 60 seconds of inactivity, the console will switch into the power-saving Sleep Mode. The display will switch off. Rotating the pedals or pressing any button on the console will launch the Ready Mode.

Ready Mode

The Ready Mode informs the user that the console is powered on and ready to enter into any mode. After a period of 60 seconds of inactivity the console will switch into the Sleep Mode.

Pause Mode

During any mode of operation, pressing the START key will launch the Pause Mode for 5 minutes. The console will beep every 30 seconds and the display will flash, to remind that the console is in Pause Mode. If there is no activity within the 5 minute period of Pause Mode, the console will switch into Ready Mode.

To exit the Pause Mode and continue the current program, press the START key.

To quit the paused program at any time, press the STOP key to launch the Ready Mode.

Workout Summary

The console provides a brief workout summary after completed the workout.

Data displayed includes: Total Time, Total Distance and Total Watts.

Reset Process

To reset all saved settings (except the metric or imperial units setting), press and hold the STOP for 2 seconds then press ENTER.

Console Programs

Quick Start

The Quick Start Mode automatically begins displaying workout information as soon as pedalling begins. No programs run during Quick Start. The console will show up all data, including Heart Rate (if a heart rate chest strap is detected). Quick Start will end once pedalling is stopped. Pressing the STOP key will end the Quick Start Mode and display the workout summary.

Interval 20/10 & 10/20 Mode

The Interval Mode provides a series of 8 workout intervals with preset time segments. This training method is known as Tabata[®] or High Intensity Interval Training (H.I.I.T.). The Interval Mode will indicate the start of each work / rest period of each interval.

20/10	10/20
Number of Intervals: 8 Work - Interval Length: 20sec Rest - Interval Length: 10sec	Number of Intervals: 8 Work - Interval Length: 10sec Rest - Interval Length: 20sec

Launch: Press the INTERVAL 10/20 or 20/10 MODE key.

Start: The interval begins with a countdown starting from three, informing the start each work interval

End: The Interval Mode will end immediately after the last segment of the 8th interval. Pressing the STOP key at any time will also end the Interval Mode. The workout summary will be shown after the Interval Mode has ended or the STOP key has been pressed.

Interval Custom Mode

The Interval Custom Mode allows the length of the work / rest segments to be customized as well as the total number of intervals.

Launch: Press the INTERVAL CUSTOM MODE key.

Setup: When operating the Interval Custom Mode (after the console has been reset), user will enter the total amount of intervals, and work / rest time interval. Adjust the value by pressing ▲ or ▼ keys, then pressing the ENTER key to confirm for each setting.

Start: The interval begins with a countdown starting from three, informing the start each work interval.

End: The Custom Interval Mode will end immediately after the last segment of the final interval. Pressing the STOP key at any time will also end the Interval Mode. The workout summary will be shown after the Custom Interval Mode has ended or the STOP key has been pressed.

Target Time, Distance, Calories Mode

The Target Time, Target Distance and Target Calories Mode allows the target goal of each value to be customized.

Launch: Press the desired TARGET key (TIME, DISTANCE, CALORIES).

Setup: When operating a Target Mode (after the console has been reset), user will enter the target value. Adjust the value by pressing ▲ or ▼ keys, then pressing the ENTER key to confirm the setting. If no value has been entered, the console will use the last setting as the Target value on each mode.

Start : Each mode display field will light up and begin to showing as following:

For the TARGET TIME MODE the time target will begin to countdown.

For the TARGET DISTANCE MODE the distance will begin calculating.

For the TARGET CALORIES MODE the calories will begin calculating.

End: The mode will end when the Target Mode is achieved. Pressing the STOP key at any time will also end the Target Mode. The workout summary will be shown after the Target Mode has ended or the STOP key has been pressed.

Target Heart Rate Mode

The Target Heart Rate Mode allows the maximum beats per minute (BPM) target to be customized to maximize cardiovascular training, according to the user's age. The Heart Rate Mode calculates the maximum heart rate value to optimize the training target between 65% - 85% of users calculated or theoretical maximum heart rate.

Launch: Press the TARGET HEART RATE MODE key.

Setup: When operating a Target Mode (after the console has been reset), the user enters their age. Adjust the value by pressing ▲ or ▼ keys, then pressing the ENTER key to confirm.

Start: The display field will light up and begin to display heart rate and progress toward cardiovascular goal.

When the user's heart rate is lower than 65% of the calculated maximum HR range, the 65% display will flash indicating minimum goal has not yet been achieved.

When the user's heart rate is over 85% of the calculated maximum HR range, the 85% display will flash indicating heart rate is over maximum goal.

End: The mode will end when the user stops pedaling. Pressing the STOP key at any time will also end the Target Mode. The workout summary will be shown after the Target Mode has ended or the STOP key has been pressed.

Bluetooth



The Bluetooth function will only connect when the console is in the Stop Mode.

When the console is in Stop Mode, press the Bluetooth button.

The Bluetooth symbol will show on the display.

Connect to the console through the Bluetooth function on your device.

After a positive connection, the workout summary will upload to the APP.

Engineering Mode

Press START and ENTER keys for 2 seconds to enter Engineering Mode. The console will also beep for 1 second. DISTANCE banner will blink first. Press UP or DOWN to select setting section. (DISTANCE→Sound→odo→DISTANCE) While in Engineering Mode if there is no activity for 30 seconds, the console will switch STANDBY Mode. Pressing the RESET key twice will exit the Engineering Mode. The console will not erase the setting value or ODO value under RESET mode. However, removing the batteries will make the console return to original factory settings and the ODO value will turn zero.

A. Metric/Imperial

- Under Engineering Mode of the DISTANCE setting, the DISTANCE banner will blink. Press ENTER to get into.
 - After pressing ENTER, M or KM will blink.
 - If the console is on Imperial system, the M sign will blink.
 - If the console is on Metric system, the KM sign will blink.
- Press UP or DOWN to select Imperial or Metric units. Press ENTER to confirm, and the console will return to Engineering mode.
- While in this setting if there is no activity for 30 seconds, the console will switch STANDBY Mode. Pressing the RESET key twice will exit the Engineering Mode.

B. Audio ON/OFF

- Press START and ENTER. Distance will be displayed and flash.
- Press the DOWN arrow and it will display sound and flash then press ENTER.
- After pressing ENTER, the console will display "ON" or "OFF" and flash.
- Use the DOWN or UP arrows to change and then press ENTER.

C. ODO

- Press START and ENTER. Distance will be displayed and flash.
- Press the DOWN arrow twice and it will display odo setting.
- The time and distance will be displayed.

Maintenance

A regular preventative maintenance schedule with all fitness equipment ensures that products are working at an optimal condition without affecting the end user exercise experience. To assist in the maintenance regiment, it is recommended to break service into: Daily, Weekly, & Monthly activities. Details on each activity can be found in the “Maintenance” section of this document.

Tools

Working on this product will require basic and/or sometimes specialty tools based on the type of service that will be performed at any time. To assist, Spirit Fitness recommends having the tools listed (Fig. 1) available when performing maintenance.

Tool	Purpose
Crank Puller	Removing cranks & pedals
Metric Allen (Hex Key) Wrench Set	Tightening or removing various Allen head screws throughout the product.
Metric Sockets Set	Tightening or removing various hex nuts used throughout the product.
Metric Open Wrench Set	Tightening or removing various hex nuts used throughout the product.
Square Drive Ratchet Wrenches	To use in conjunction with Allen head and or hex socket sets.
Torque Wrench	Tightening various critical bolts throughout the product to specific torque specifications.
Phillips Head Screwdriver Set	Tightening or removing various Phillips head screws used throughout the product.
Flat Head Screwdriver Set	Prying off specific shrouds from wedged locations.

Fig. 1

Moving & Leveling

To move the bike to a new location:

Lift the bike from the rear and use the front wheels (located on the front leg, below the swing arm) to roll the bike from one location to another.

To level the bike:

Use the four leveling adjusters (located on the underside of the front and rear legs) to compensate for uneven floor surfaces.

Preventive Maintenance

Perform regular scheduled preventive maintenance procedures to maintain your Air Bike bike in serviceable condition.

Daily Maintenance

The life of your product will be determined by how consistently you perform the daily maintenance procedures. Dry the Air Bike after each use to remove sweat and moisture. It is best to use a liquid non-abrasive cleaner diluted with water.

Wipe Down / Cleaning

To prevent the build-up of rust and other forms of corrosion, wipe down the bike at the end of each day (or preferably at the end of each class). Raise all posts to the highest setting to expose moisture. Using an absorbent cloth, focus on all areas that perspiration can settle. Give particular attention to the following areas:

- Handgrips
- Seat / adjustable slide for the seat
- Back leg assembly
- Guard
- Pop-pins
- Leveling feet

NOTE: Never use abrasive cleaning liquids or petroleum-based solvents when wiping down the bike.

Inspection / Adjustment

Inspect major moving parts that require constant proper torque. Loose or misadjusted parts can result in personal injury or damage to the bike. Check the following parts for security and/or proper torque.

Pedals

Verify that the pedals are re-torqued after the first 10 hours of use and every 100 hours of operation, thereafter. Use a torque wrench if components are loose.

NOTE: The pedal to the crank arm bolt torque is: 33-37 lb-ft.

IMPORTANT: It is not recommended that members change out the pedals on the bike.

Weekly Maintenance

Weekly maintenance should focus on the overall performance of the bike. During these inspections, look for vibration and possible loose assemblies.

Have an experienced rider ride each bike to identify and help diagnose any vibration, noises, and any "unusual" feeling from the drive belt. Either faulty flywheel alignment or a loose belt can cause vibration.

- Check for proper flywheel alignment. Torque flywheel nuts as necessary.

Inspect each bike for loose assemblies, parts, bolts and nuts. Give particular attention to the following:

- Tighten all frame base hardware.
- Tighten all pop-pin handles.
- Tighten seat hardware.

Monthly Maintenance

The monthly maintenance check should be a comprehensive inspection of the overall frame and main assembly components of the air bike in addition to the Weekly Maintenance.

Inspection and Adjustment

Inspect the frame and main assembly components for rust or corrosion. Tilt the bike or place in an upside-down position to locate areas where rust and corrosion may develop. Use a small, wire brush to remove rust build-up in small crevasses, such as leveling feet, pop pin handles and other bolt assemblies. Give particular attention to the following areas:

- Leveling feet
- Pop pin handles

Inspect all wear items for adjustments or possible part replacement. Give particular attention to the following:

- Inspect seat pad for wear. Rips, tears or excessive movement indicates replacement is required.
- Inspect pedals for play. Excessive movement of pedals indicates replacement is required.
- Tighten seat hardware.
- Leveling feet.

Frame Care

It is recommended that the frame on the bike is sealed from sweat impurities that may speed the corrosion process at least once a month.

Cleaning

Using a clean terry cloth that is dampened in 30 parts water to 1-part non-abrasive detergent or car wash soap rub over the frame of the product.

Wash/Dry

Dampen a clean terry cloth in an **only** water solution to wipe away any soap residue. Using a second clean and dry terry cloth; dry off any liquid residue.

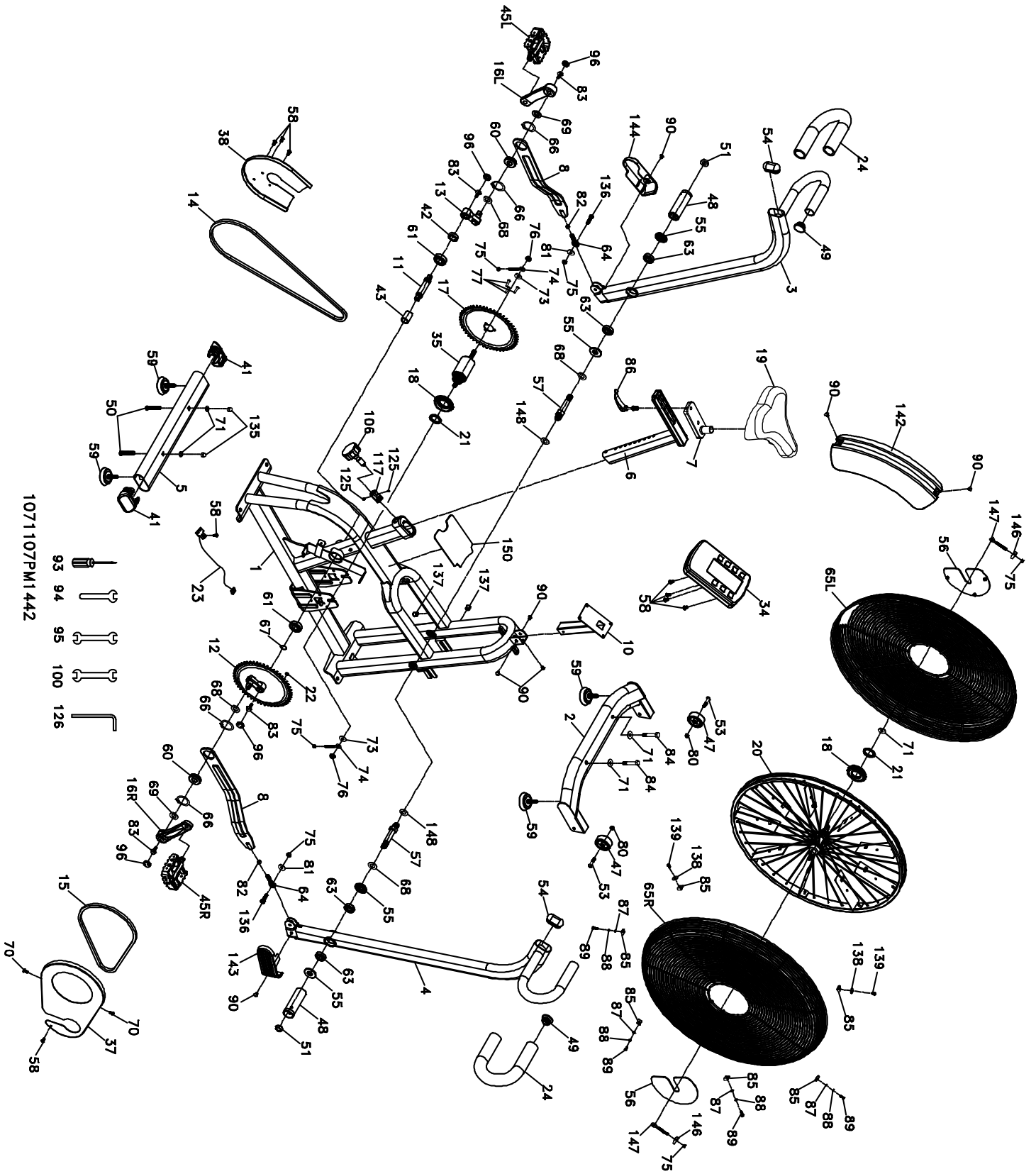
Sealing

The frame can be sealed by applying a wax or polishing coat that can help repel away liquids like human perspiration. Apply the wax or polish per the manufacturer's instructions for best results.

Parts Replacement

Depending on the use and maintenance of the product, certain items may need to be replaced upon inspection due to wear. These can be identified during scheduled inspections as described in the Preventative Maintenance section of this owner's manual.

Exploded Diagram



Parts List

NO.	DESCRIPTION	Q'TY
9990001	Main Frame	1
9990002	Front Stabilizer	1
9990003	Swing Arm (L)	1
9990004	Swing Arm (R)	1
9990005	Rear Stabilizer	1
9990006	Seat Slider	1
9990007	Sliding Seat Mount	1
9990008	Rocker link	2
9990010	Console Support	1
9990011	Crank Axle	1
9990012	Large Sprocket with Crank	1
9990013	Crank Arm	1
9990014	Chain Joint (100)	1
9990015	Chain Joint (68)	1
9990016L	Crank Arm(L)	1
9990016R	Crank Arm(R)	1
9990017	Large Sprocket	1
9990018	Small Sprocket	2
9990019	Seat	1
9990020	Fan Assembly	1
9990021	Left Cone	2
9990022	Magnet	1
9990023	Sensor W/Cable	1
9990024	Handgrip Foam	2
9990034	Console Assembly	1
9990035	Zhonghua Drum Group	1
9990037	Outside Chain Cover (R)	1
9990038	Outside Chain Cover	1
9990041	Handgrip End Cap	2
9990042	M20 x P1.0 x 12.5T_Nyloc Nut	1
9990043	Ø20.1 x Ø25 x 35L_Sleeve	1
9990045	Pedal (L.R)	1
9990047	Transportation Wheel, Ø54	2
9990048	Pedal Bar(Ø38.2xØ30x110L)	2
9990049	Button Head Plug	2
9990050	3/8" x 53L_Carriage Bolt	2
9990051	M14 x P1.5 x 10T_Nut	2
9990053	M8 x P1.25 x 40L_Button Head Socket Bolt	2
9990054	Oval End Cap	2
9990055	Bearing Bushing	4
9990056	Cover	2

NO.	DESCRIPTION	Q'TY
9990057	Arm fixed iron core	2
9990058	M5 x 12m/m_Phillips Head Screw	9
9990059	Adjustment Foot	4
9990060	6203_Bearing	2
9990061	6004_Bearing	2
9990063	6003_Bearing	4
9990064	Rod End Bearing	2
9990065L	Fan Net (L)	1
9990065R	Fan Net (R)	1
9990066	C Ring (40x1.85T)	4
9990067	Ø20_C Ring	1
9990068	Ø17 x Ø23.5 x 1T_Flat Washer	4
9990069	Ø17 x Ø28 x 2T_Nylon Washer	2
9990070	M5 x 6m/m_Phillips Head Screw	2
9990071	Ø3/8" x Ø25 x 2.0T_Flat Washer	5
9990073	Ø3/8" x 25 x 3.0T_Flat Washer	2
9990074	M6 x 57L_Idle Wheel Screw	2
9990075	M6 x 6T_Nyloc Nut	6
9990076	3/8" x UNF26 x 7_Nut	2
9990077	M6 x P1.0 x 10L_Button Head Socket Bolt	3
9990080	M8 x 7T_Nyloc Nut	2
9990081	Ø5/16" x 20 x 3.0T_Flat Washer	2
9990082	M8 x 6T_Nut	2
9990083	M8 x P1.0 x 20L_Arbor Screw	4
9990084	3/8" x 2-1/4" Hex Head Bolt	2
9990085	Fixing Plate	6
9990086	Quick Release lever	1
9990087	Ø5 x Ø10 x 1.0T_Flat Washer	4
9990088	Ø5 x 1.5T_Split Washer	4
9990089	5 x 16m/m_Tapping Screw	4
9990090	M6 x P1.0 x 10L_Phillips Head Screw	7
9990093	Phillips Head Screwdriver	1
9990094	10m/m_Wrensh	1
9990095	22 x 190L_Wrench	1
9990096	Crank Arm End Cap	4
99900100	14/15m/m_Wrench	1
99900106	Seat Up/Down Adjustment Knob	1
99900117	M16 x M22 x 37L_Knob Nut	1
99900125	M4 x 5m/m_Phillips Head Screw	2
99900126	L Allen Wrench	1
99900135	3/8" x UNC16 x 12.5T_Cap Nut	2
99900136	M8 x 20L_Bolt	2
99900137	HGP Wire Grommet	2
99900138	Ø8 x Ø25 x 5T_Nylon Washer	2

NO.	DESCRIPTION	Q'TY
99900139	5 x 19m/m_Tapping Screw	2
99900142	Iron Net Wind Cover	1
99900143	Connecting Arm Cover (R)	1
99900144	Connecting Arm Cover (L)	1
99900146	Ø6_Nut Stopper	2
99900147	M6 x 40L_Idle Wheel Screw	2
99900148	M16 x 3T_Spring Washer	2
99900150	Non-Slip Rubber	1

TRAINING GUIDELINES

EXERCISE

Exercise is one of the most important factors in the overall health of an individual. Listed among its benefits are:

- Increased capacity for physical work (strength endurance)
- Increased cardiovascular (heart and arteries/veins) and respiratory efficiency
- Decreased risk of coronary heart disease
- Changes in body metabolism, e.g. losing weight
- Delaying the physiological effects of age
- Physiological effects, e.g. reduction in stress, increase in self-confidence, etc.

BASIC COMPONENTS OF PHYSICAL FITNESS

There are four all-encompassing components of physical fitness and we need to briefly define each and clarify its role.

Strength is the capacity of a muscle to exert a force against resistance. Strength contributes to power and speed and is of great importance to a majority of sports people.

Muscular Endurance is the capacity to exert a force repeatedly over a period of time, e.g. it is the capacity of your legs to carry you 10 Km without stopping.

Flexibility is the range of motion about a joint. Improving flexibility involves the stretching of muscles and tendons to maintain or increase suppleness and provides increased resistance to muscle injury or soreness.

Cardio-Respiratory Endurance is the most essential component of physical fitness. It is the efficient functioning of the heart and lungs

AEROBIC FITNESS

The largest amount of oxygen that you can use per minute during exercise is called your maximum oxygen uptake (MVo₂). This is often referred to as your aerobic capacity.

The effort that you can exert over a prolonged period of time is limited by your ability to deliver oxygen to the working muscles. Regular vigorous exercise produces a training effect that can increase your aerobic capacity by as much as 20 to 30%. An increased MVO₂ indicates an increased ability of the heart to pump blood, of the lungs to ventilate oxygen and of the muscles to take up oxygen.

Anaerobic Training

This means “without oxygen” and is the output of energy when the oxygen supply is insufficient to meet the body’s long-term energy demands. (For example, 100-meter sprint).

The Training Threshold

This is the minimum level of exercise which is required to produce significant improvements in any physical fitness parameter.

Progression

As you become fitter, a higher intensity of exercise is required to create an overload and therefore provide continued improvement

Overload

This is where you exercise at a level above that which can be carried out comfortably. The intensity, duration and frequency of exercise should be above the training threshold and should be gradually increased as the body adapts to the increasing demands. As your fitness level improves, so the training threshold should be raised.

Working through your program and gradually increasing the overload factor is important.

Specificity

Different forms of exercise produce different results. The type of exercise that is carried out is specific both to the muscle groups being used and to the energy source involved.

There is little transfer of the effects of exercise, i.e. from strength training to cardiovascular fitness. That is why it is important to have an exercise program tailored to your specific needs.

Reversibility

If you stop exercising or do not do your program often enough, you will lose the benefits you have gained. Regular workouts are the key to success.

WARM UP

Every exercise program should start with a warm up where the body is prepared for the effort to come. It should be gentle and preferably use the muscles to be involved later.

Stretching should be included in both your warm up and cool down and should be performed after 3-5 minutes of low intensity aerobic activity or callisthenic type exercise.

Warm Down or Cool Down

This involves a gradual decrease in the intensity of the exercise session. Following exercise, a large supply of blood remains in the working muscles. If it is not returned promptly to the central circulation, pooling of blood may occur in the muscles

Heart Rate

As you exercise, so the rate at which your heart beat also increases. This is often used as a measure of the required intensity of exercise. You need to exercise hard enough to condition your circulatory system, and increase your pulse rate, but not enough to strain your heart.

Your initial level of fitness is important in developing an exercise program for you. If you are starting off, you can get a good training effect with a heart rate of 110-120 beats per minute (BPM). If you are fitter, you will need a higher threshold of stimulation.

To begin with, you should exercise at a level that elevates your heart rate to about 65 to 70% of your maximum. If you find this is too easy, you may want to increase it, but it is better to lean on the conservative side.

As a rule of thumb, the maximum heart rate is 220 minus your age. As you increase in age, so your heart, like other muscles, loses some of its efficiency. Some of its natural loss is won back as fitness improves.

The following table is a guide to those who are “starting fitness”.

Age	25	30	35	40	45	50	55	60	65
Target heart Rate									
10 Second Count	23	22	22	21	20	19	19	18	18
Beats per Minute	138	132	132	126	120	114	114	108	108

Pulse Count

The pulse count (on your wrist or carotid artery in the neck, taken with two index fingers) is done for ten seconds, taken a few seconds after you stop exercising. This is for two reasons: (a) 10 seconds is long enough for accuracy, (b) the pulse count is to approximate your BPM rate at the time you are exercising. Since heart rate slows as you recover, a longer count isn't as accurate.

The target is not a magic number, but a general guide. If you're above average fitness, you may work quite comfortably a little above that suggested for your age group.

The following table is a guide to those who are keeping fit. Here we are working at about 80% of maximum.

Age	25	30	35	40	45	50	55	60	65
Target heart Rate									
10 Second Count	26	26	25	24	23	22	22	21	20
Beats per Minute	156	156	150	144	138	132	132	126	120

Don't push yourself too hard to reach the figures on this table. It can be very uncomfortable if you overdo it. Let it happen naturally as you work through your program. Remember, the target is a guide, not a rule, a little above or below is just fine.

Two final comments:(1) don't be concerned with day to day variations in your pulse rate, being under pressure or not enough sleep can affect it;(2) your pulse rate is a guide, don't become a slave to it.

ENDURANCE CIRCUIT TRAINING

Cardiovascular endurance, muscle, strength, flexibility and coordination are all necessary for maximum fitness. The principle behind circuit training is to give a person all the essentials at one time by going through your exercise program moving as fast as possible between each exercise. This increases the heart rate and sustains it, which improves the fitness level. Do not introduce this circuit training effect until you have reached an advanced program stage.

Body Building

Is often used synonymously with strength training. The fundamental principal here is OVERLOAD. Here, the muscle works against greater loads than usual. This can be done by increasing the load you are working against.

Patronization

This is the term used to vary your exercise program for both physiological and psychological benefits. In your overall program, you should vary the workload, frequency and intensity. The body responds better to variety and so do you. In addition, when you feel yourself getting “stale”, bring in periods of lighter exercise to allow the body to recuperate and restore its reserves. You will enjoy your program more and feel better for it.

Muscle Soreness

For the first week or so, this may be the only indication you have that you are on an exercise program. This, of course, does depend on your overall fitness level. A confirmation that you are on the correct program is a very slight soreness in most major muscle groups. This is quite normal and will disappear in a matter of days.

If you experience major discomfort, you may be on a program that is too advanced or you have increased your program too rapidly.

If you experience PAIN during or after exercise, your body is telling you something.

Stop exercising and consult your doctor.

WHAT TO WEAR

Wear clothing that will not restrict your movement in any way while exercising. Clothes should be light enough to allow the body to cool. Excessive clothing that causes you to perspire more than you normally would while exercising, gives you no advantage. The extra weight you lose is body fluid and will be replaced with the next glass of water you drink. It is advisable to wear a pair of gym or running shoes or “sneakers”.

Breathing During Exercise

Do not hold your breath while exercising. Breathe normally as much as possible. Remember, breathing involves the intake and distribution of oxygen, which feeds the working muscles.

Rest periods

Once you start your exercise program, you should continue through to the end. Do not break off halfway through and then restart at the same place later on without going through the warm-up stage again.

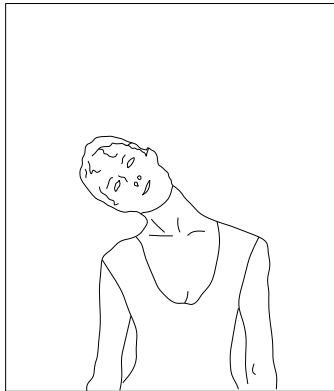
The rest period required between strength training exercises may vary from person to person. This will depend mostly on your level of fitness and the program you have chosen. Rest between exercises by all means, but do not allow this to exceed two minutes. Most people manage with half minute to one-minute rest periods.

STRETCHING

Stretching should be included in both your warm up and cool down and should be performed after 3-5 minutes of low intensity aerobic activity or callisthenic type exercise. Movements should be performed slowly and smoothly, with no bouncing or jerking. Move into the stretch until slight tension, not pain, is felt in the muscle and hold for 20-30 seconds. Breathing should be slow, rhythmical and under control, making sure never to hold your breath.

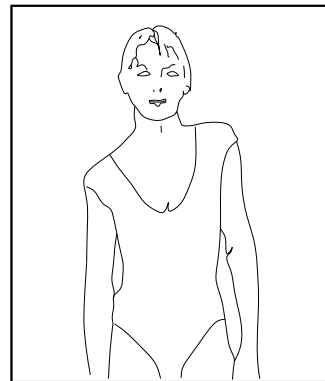
HEAD ROLLS

Rotate your head to the right for one count, feeling the stretch up the left side of your neck. Next rotate your head back for one count, stretching your chin to the ceiling and letting your mouth open. Rotate your head to the left for one count, and finally, drop your head to your chest for one count.



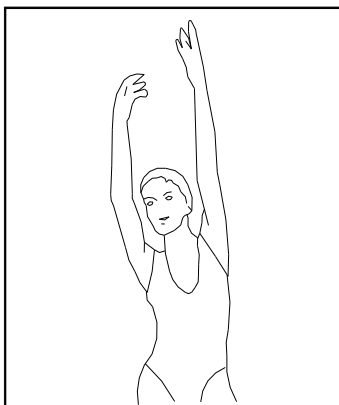
SHOULDER LIFTS

Lift your right shoulder up toward your ear for one count. Then lift your left shoulder up for one count as you lower your right shoulder.



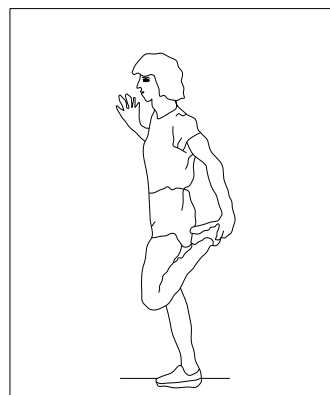
SIDE STRETCHES

Open your arms to the side and continue lifting them until they are over your head. Reach your right arm as far upward toward the ceiling as you can for one count. Feel the stretch up your right side. Repeat this action with your left arm.



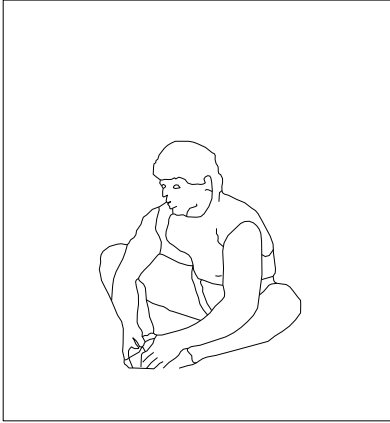
QUADRICEPS STRETCH

With one hand against a wall for balance, reach behind you and pull your right foot up. Bring your heel as close to your buttocks as possible. Hold for 15 counts and repeat with left foot up.



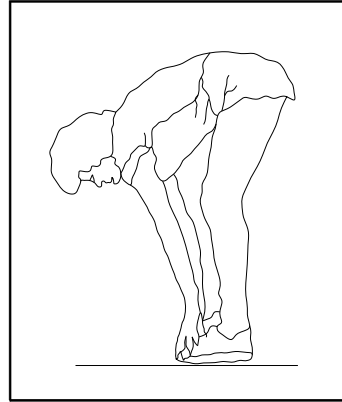
INNER THIGH STRETCH

Sit with the soles of your feet together with your knees pointing outward. Pull your feet as close into your groin as possible. Gently push your knees towards the floor. Hold for 15 counts.



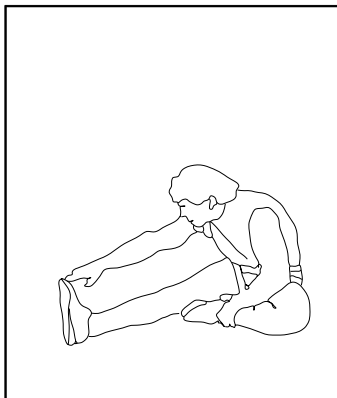
TOUCHES

Slowly bend forward from your waist, letting your back and shoulders relax as you stretch toward your toes. Reach down as far as you can and hold for 15 counts.



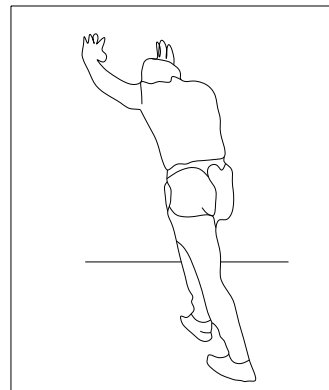
HAMSTRING STRETCHES

Sit with your right leg extended. Rest the sole of your left foot against your right inner thigh. Stretch as far as possible. Hold for 15 counts. Relax and then repeat with left leg extended.



CALF / ACHILLES STRETCH

Lean against a wall with your left leg in front of the right and your arms forward. Keep toward your toe your right leg straight and the left foot on the floor then bend the left leg and lean forward by moving your hips toward the wall. Hold, then repeat on the other side for 15 counts.



MANUFACTURER'S LIMITED WARRANTY

Dyaco Canada Inc. warrants all its bike parts for a period of time listed below, from the date of retail sale, as determined by a sales receipt. Dyaco Canada Inc.'s responsibilities include providing new or remanufactured parts, at Dyaco Canada Inc.'s option, and technical support to our independent dealers and servicing organizations. In the absence of a dealer or service organization, these warranties will be administered by Dyaco Canada Inc. directly to the facility. The warranty period applies to the following components:

Commercial Warranty (All Facilities)

Frame	5 Years
Console	2 Years
Parts	2 Years
Labour	1 Year

This warranty is not transferable and is extended only to the original owner.

NORMAL RESPONSIBILITIES OF THE FACILITY

The facility is responsible for the items listed below:

1. The warranty registration card must be completed and returned to the address listed on the card within 10 days of the original purchase.
2. Proper use of the bike in accordance with the instructions provided in this manual.
3. Proper installation in accordance with instructions provided with the bike.
4. Proper connection to a grounded power supply of sufficient voltage, replacement of blown fuses, repair of loose connections or defects in facility wiring.
5. Expenses for making the bike accessible for servicing, including any item that was not part of the bike at the time it was shipped from the factory.
6. Damages to the bike finish during shipping, installation or following installation.
7. Routine maintenance of this unit as specified in this manual.

EXCLUSIONS

This warranty does not cover the following:

1. CONSEQUENTIAL, COLLATERAL, OR INCIDENTAL DAMAGES SUCH AS PROPERTY DAMAGE AND INCIDENTAL EXPENSES RESULTING FROM ANY BREACH OF THIS WRITTEN OR ANY IMPLIED WARRANTY.
Note: Some areas do not allow the exclusion or limitation of incidental or consequential damages, so this limitation or exclusion may not apply to you.
2. Service call reimbursement to the facility. Service call reimbursement to the dealer that does not involve malfunction or defects in workmanship or material, for units that are beyond the warranty period, for units that are beyond the service call reimbursement period, for bike not requiring component replacement.
3. Damages caused by services performed by persons other than authorized Dyaco Canada Inc. service companies; use of parts other than original Dyaco Canada Inc. parts; or external causes such as corrosion, discoloration of paint or plastic, alterations, modifications, abuse, misuse, accident, improper maintenance, or acts of God.
4. Products with original serial numbers that have been removed or altered.
5. Products that have been: sold, transferred, bartered, or given to a third party.
6. Products that do not have a warranty registration card on file at Dyaco Canada Inc. Dyaco Canada Inc. reserves the right to request proof of purchase if no warranty record exists for the product.
7. THIS WARRANTY IS EXPRESSLY IN LIEU OF ALL OTHER WARRANTIES EXPRESSED OR IMPLIED, INCLUDING THE WARRANTIES OF MERCHANTABILITY AND/OR FITNESS FOR A PARTICULAR PURPOSE.

SERVICE

The sales receipt establishes the labour warranty period should service be required. If service is performed, it is in your best interest to obtain and keep all receipts. This written warranty gives you specific legal rights. Service under this warranty must be obtained by following these steps, in order:

1. Contact your selling authorized dealer or Dyaco Canada.
2. If you have any questions about your new product or questions about the warranty contact Dyaco Canada Inc. at 1-888-707-1880.
3. If no local service is available, Dyaco Canada Inc. will repair or replace the parts, at Dyaco Canada Inc.'s option, within the warranty period at no charge for parts. All transportation costs, both to our factory and upon return to the facility, are the responsibility of the facility. The facility is responsible for adequate packaging upon return to Dyaco Canada Inc. Dyaco Canada Inc. is not responsible for damages that occur during shipping. Make all freight damage claims with the appropriate freight carrier. **DO NOT SHIP ANY UNIT TO OUR FACTORY WITHOUT A RETURN AUTHORIZATION NUMBER.** All units arriving without a return authorization number will be refused.
4. For any further information, or to contact our service department by mail, send your correspondence to:

Dyaco Canada Inc.
5955 Don Murie Street
Niagara Falls, ON
L2G 0A9

Product features or specifications as described or illustrated are subject to change without notice. All warranties are made by Dyaco Canada Inc.



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