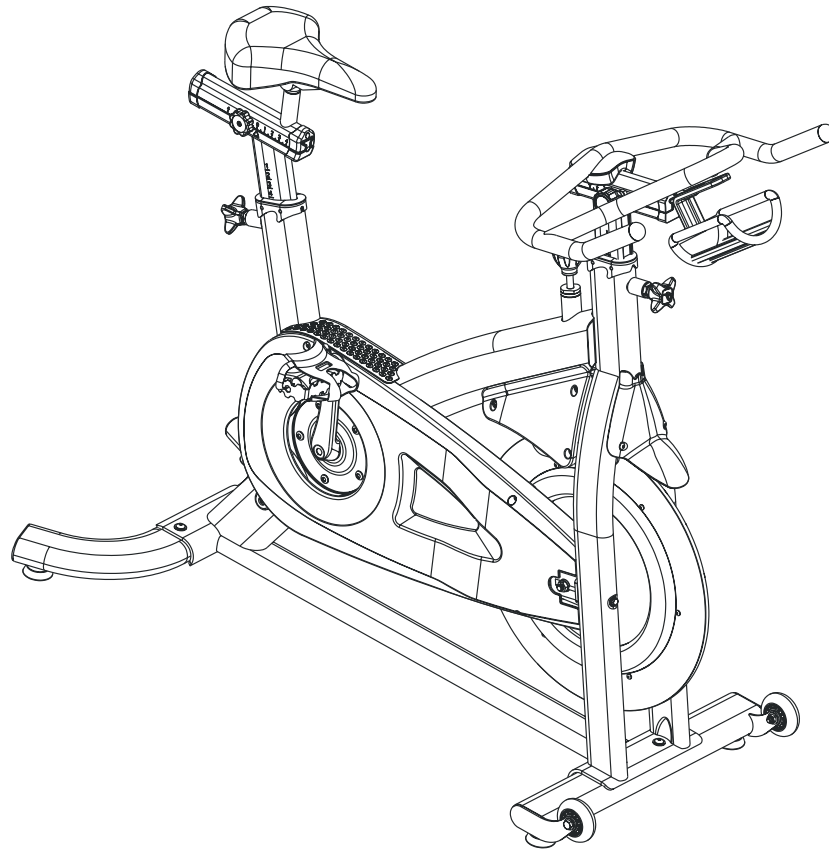


***CIC800*** FITNESS BIKE  
OWNER'S MANUAL

16207878000



Spirit Fitness

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*Thank you for purchasing our product, please save these instructions. Please do not perform or attempt any customizing, adjustments, repair or maintenance that is not described in this manual.*



Thank you for your purchase of this quality stationary bike trainer from Dyaco Canada Inc. Your new bike was manufactured by one of the leading fitness manufacturers in the world and is backed by one of the most comprehensive warranties available. Through your dealer, Dyaco Canada Inc. will do all we can to make your ownership experience as pleasant as possible for many years to come. The local dealership where you purchased this bike is your administrator for all Dyaco Canada Inc. warranty and service needs. Their responsibility is to provide you with the technical knowledge and service personnel to make your experience more informed and any difficulties easier to remedy.

Please take a moment at this time to record the name of the dealer, their telephone number, and the date of purchase below to make any future, needed contact easy. We appreciate your support and we will always remember that you are the reason that we are in business. Please complete and mail your registration card today and enjoy your new bike.

Yours in Health,  
Spirit Fitness

NAME OF DEALER \_\_\_\_\_

DEALER PHONE # \_\_\_\_\_

PURCHASE DATE \_\_\_\_\_

# IMPORTANT SAFETY INSTRUCTIONS

## WARNING

- Use this equipment only for its intended use as described in this manual. Do not attempt to ride this bike at high pedal speeds until you have ridden the bike for some time and are comfortable riding at slower pedal speeds.
- The bike is NOT equipped with a freewheel system which means that when the flywheel is in motion, the pedals will be in motion. Do not attempt to stop the unit by applying backward pressure to pedals while they are turning as knee injury may occur. Do not attempt to remove your feet from pedals while they are moving.
- Wait for flywheel to coast to a stop before dismounting the bike. If you want to stop the flywheel, push down on the resistance/brake knob.
- Serious injury or death may occur from over-training. Consult a medical doctor or qualified fitness instructor to determine an exercise program appropriate for your level of fitness.
- Do not attempt to turn the pedal cranks by hand. Do not touch any driving mechanism while it is in motion as possible injury could occur.
- Do not attempt to perform dip movements on handlebars.
- Never drop or insert any object into any opening of the bike.
- In a home setting, keep children away from the bike when it is not in use. Keep children and pets away from the unit while it is in use.
- Only use the bike on a stable, level floor.
- Follow instructions for safe use of the equipment including proper seat position, handlebar position, and use of foot positioning system of pedals. Do not attempt to pull up handlebar post and seat post over the 'MAX.' level
- For safe operation, allow for at least 1 foot (30cm) of free space to either side of the unit and 2 feet (60cm) of free space to the rear of the unit.
- Regularly examine the bike for damage and wear. Inoperable components should be replaced immediately or the equipment should not be used until it is repaired.
- This appliance is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Keep children under the age of 13 away from this machine.
- Failure to follow all guidelines may compromise the effectiveness of the exercise experience, expose yourself (and possibly others) to injury, and reduce the longevity of the equipment.

# PRODUCT REGISTRATION

## RECORD YOUR SERIAL NUMBER

Please record the Serial Number of this fitness product in the space provided below.

Serial Number:

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## REGISTER YOUR PURCHASE

The self-addressed product registration card must be completed in full and returned to Dyaco Canada Inc. You can also register your purchase from our website.  
<http://dyaco.ca/index.html>

## SAVE THESE INSTRUCTIONS - THINK SAFETY!

### IMPORTANT OPERATION INSTRUCTIONS

NEVER expose the bike to rain or moisture. This product is NOT designed for use outdoors, near a pool or spa, or in any other high humidity environment. Maximum environmental ratings are 40-120 degrees Fahrenheit, 95% humidity non-condensing (no water droplets forming on surfaces).

### HOME WARRANTY

Labour	1 Year
Parts	3 Years
Wear items (grips, end caps and toe cage straps)	1 Year
Frame	Lifetime

# MANUFACTURER'S LIMITED WARRANTY

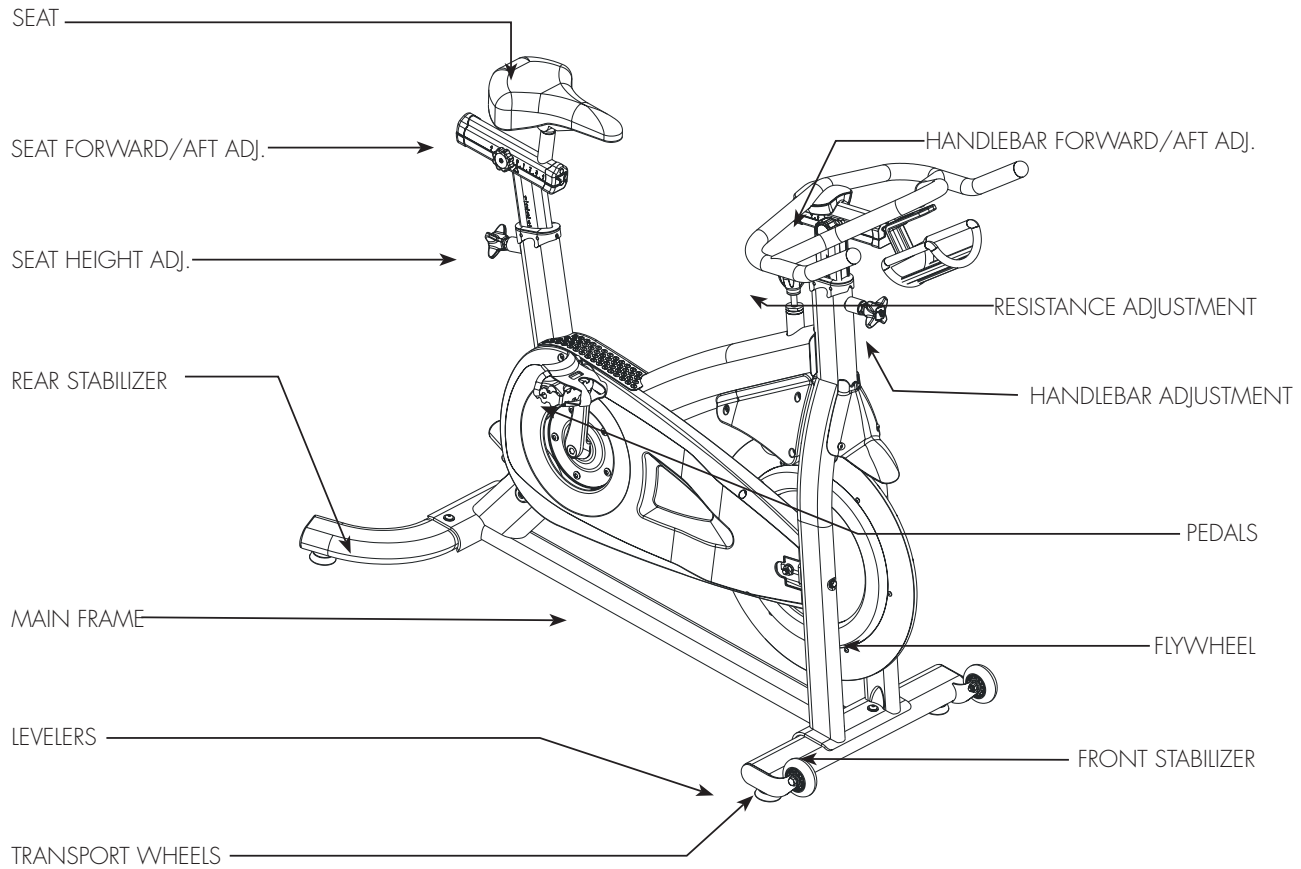
Dyaco Canada Inc. warrants all it's bike parts for a period of time listed below, from the date of retail sale, as determined by a sales receipt. Dyaco Canada Inc.'s responsibilities include providing new or remanufactured parts, at Dyaco Canada Inc.'s option, and technical support to our independent dealers and servicing organizations. In the absence of a dealer or service organization, these warranties will be administered by Dyaco Canada Inc. directly to a consumer. The warranty period applies to the following components below:

### LIGHT COMMERCIAL WARRANTY (NON DUES PAYING FACILITY)

Labour	1 Year
Parts	3 Years
Wear items (grips, end caps and toe cage straps)	1 Year
Frame	15 Years

### COMMERCIAL WARRANTY (DUES PAYING FACILITY)

Labour	1 Year
Parts	3 Years
Wear items (grips, end caps and toe cage straps)	1 Year
Frame	10 Years



# CIC800 PRE-ASSEMBLY

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## UNPACKING

1. Cut the straps, then along the dotted line on the bottom of the box; lift the box over the unit and unpack.
2. Locate the hardware package. The hardware is separated into six steps. Remove the tools first. Remove the hardware for each step as needed to avoid confusion. The numbers in the instructions that are in parenthesis (#) are the item number from the assembly drawing for reference.

## TOOLS INCLUDED:

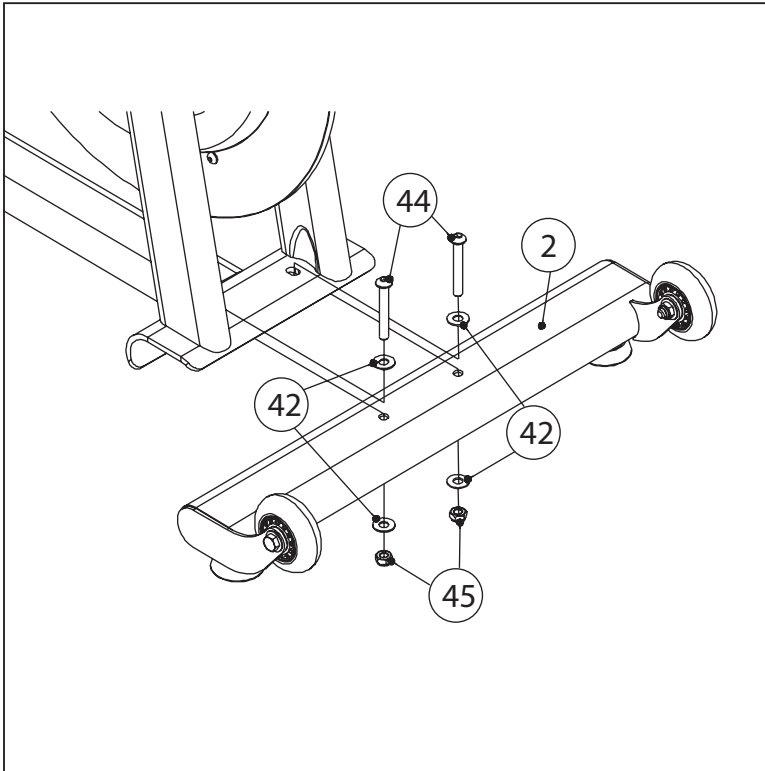
- M22 Wrench
- Combination 6mm Allen Screwdriver
- 4mm Allen Wrench
- 5mm Allen Wrench
- 13/17mm Combination Wrench

## PARTS INCLUDED:

- 1 Main Frame
- 1 Front Stabilizer
- 1 Rear Stabilizer
- 1 Adjustment Handle
- 1 Water Bottle Holder
- 1 Handlebar Post
- 1 Handlebar
- 2 Foot Pedals
- 1 Hardware Kit



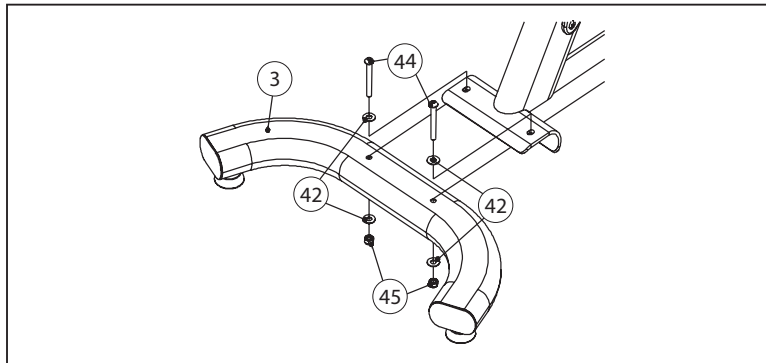
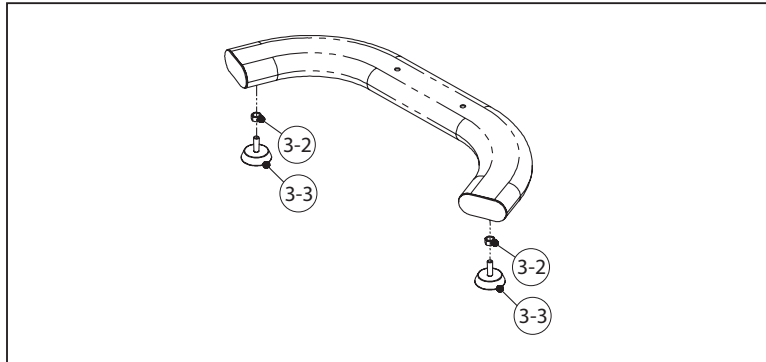
# CIC800 STEP ONE



HARDWARE FOR STEP 1			
PART	TYPE	DESCRIPTION	QTY
44	SCREW	M5X1.25X5.5L	2
42	FLAT WASHER	M8	4
45	NYLON NUT	M8X1.25	2

1. Gather **HARDWARE FOR STEP 1**.
2. Position the **FRONT STABILIZER (2)** on the **FRAME BRACKET** as showed in the figure. Make sure the **TRANSPORT WHEELS** are facing up and toward the front of the bike.
3. Attach the **STABILIZER** with 2 **HEX SCREWS (44)**, 4 **FLAT WASHERS (42)** and 2 **NYLON NUTS (45)**. Do not over tightened as the deformation of stabilizer may occur.
4. Make sure the **LEVELING FEET** with nut are fully screwed into the **STABILIZER**

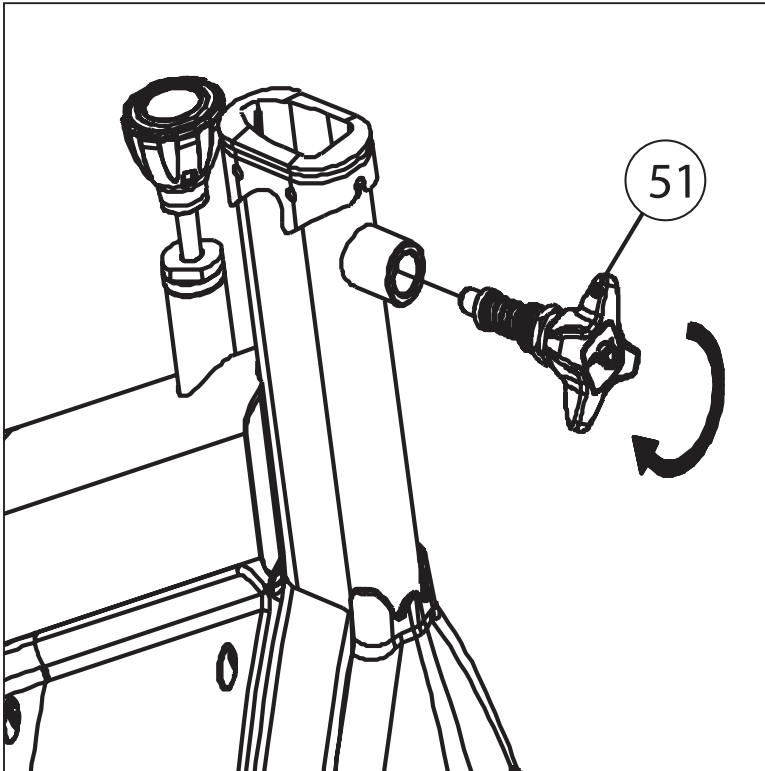
# CIC800 STEP TWO



HARDWARE FOR STEP 2			
PART	TYPE	DESCRIPTION	QTY
3-2	HEX NUT	M8	2
44	SCREW	M8X1.25X55L	2
42	FLAT WASHER	M8	4
45	NYLON NUT	M8X1.25	2

1. Gather **HARDWARE FOR STEP 2**.
2. Assemble the **FOOT LEVELER (3-3)** and **HEX NUT (3-2)** onto the **REAR STABILIZER (3)**
3. Position the **REAR STABILIZER (3)** on the **FRAME BRACKET** as showed in the figure.
4. Attach the **STABILIZER** with 2 **HEX SCREWS (44)**, 4 **FLAT WASHERS (42)** and 2 **NYLON NUTS (45)**. Do not over tightened as the deformation of stabilizer may occur.
5. Make sure the **LEVELING FEET** with nut are fully screwed into the **STABILIZER**

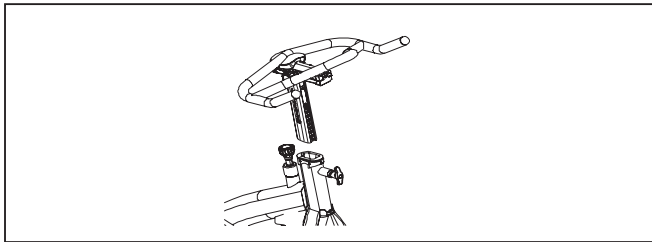
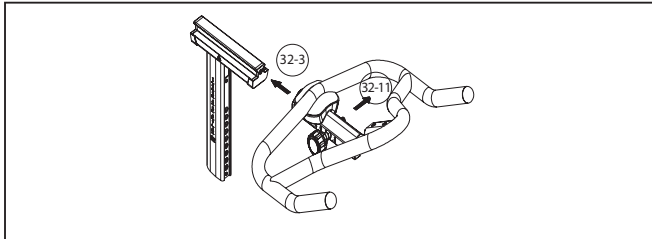
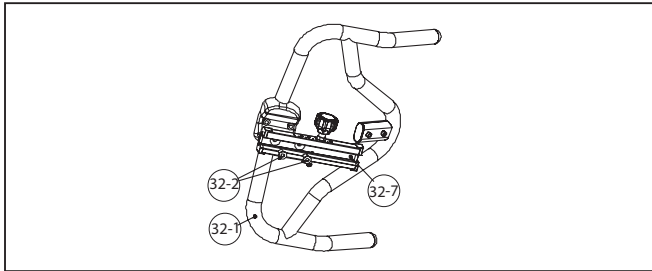
## **CIC800** STEP THREE



NO HARDWARE FOR STEP 3

1. Remove the T-POP (51) from the components box and turn clockwise to tighten firmly into the **FRAME** with **WRENCH (A)**.

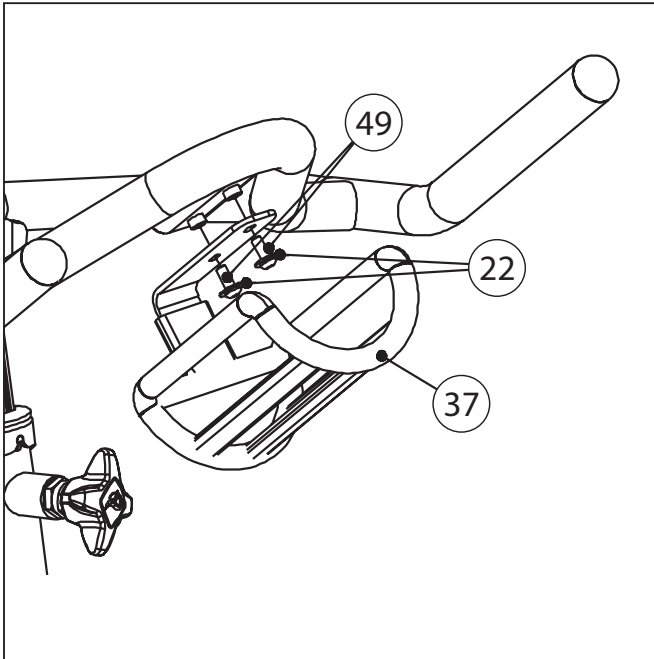
# CIC800 STEP FOUR



HARDWARE FOR STEP 4			
PART	TYPE	DESCRIPTION	QTY
32-2	SCREW	M8X1.25X12L	2

1. Gather **HARDWARE FOR STEP 4**.
2. Assemble the **HANDLEBAR POST ADJUSTMENT (32-7)** and **ADJUSTABLE HANDLEBAR (32-1)** with 2 **SOCKET HEX SCREWS (32-2)**
3. Pull out the **KNOB (32-11)** and slide the **HANDLEBAR** onto the **POST (32-3)**.
4. Insert the **HANDLEBAR ASSEMBLY** into the **FRAME TUBE** and tighten firmly with **T-POP PIN**

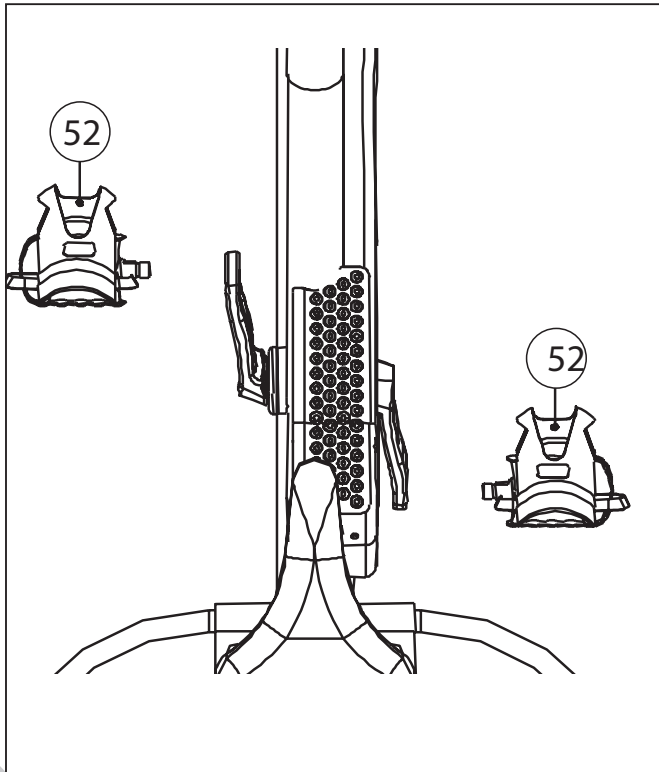
# CIC800 STEP FIVE



HARDWARE FOR STEP 5			
PART	TYPE	DESCRIPTION	QTY
49	SCREW	M6X1.0"x1.5L	2
22	FLAT WASHER	M6	2

1. Gather **HARDWARE FOR STEP 5**.
2. Assemble the **BOTTLE HOLDER (37)** with 2 **SOCKET HEX SCREWS (11)** and 2 **FLAT WASHER (13)**

## CIC800 STEP SIX



### NO HARDWARE FOR STEP 6

1. Remove pedals from the components box.
2. Look at the end of the pedal axle and notice each pedal is marked with an R and L on the spindle. It is indicated which side of bike the pedal is intended to assemble.
3. Locate the pedal marked R on the spindle on the right side of crank (Chain guard side). Turn clockwise to tighten firmly. If possible, apply some grease to the threads before engaging to the crank.
4. Locate the pedal marked L on the spindle on the left side of crank. Turn counter-clockwise to tighten firmly. If possible, apply some grease to the threads before engaging to the crank.

## **INDOOR CYCLE SETUP**

### **LEVELERS**

Place the cycle on a level area, if at all possible. If the cycle needs leveling, turn the levelers clockwise or counterclockwise until the base is stable and does not rock.

### **ADJUSTMENT KNOBS**

All four adjustment levers function the same way. Turn the knob clockwise to tighten and counterclockwise to loosen.

### **SEAT**

The pitch of the saddle can be adjusted to accommodate all users. Loosen the horizontal bolt under the seat to adjust the pitch, then retighten.

### **TRANSPORTATION**

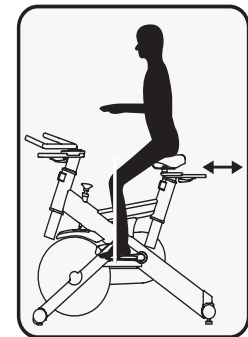
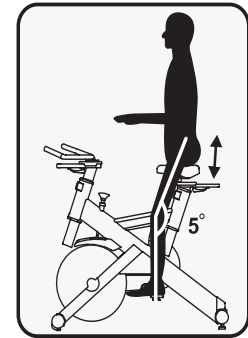
The indoor cycle is equipped with two transport wheels, which are engaged when the rear of the CIC800 indoor cycle is lifted.

Take some time to learn how to properly adjust the bike to your body; it will make your workouts more pleasant and a safer experience too. Riding the bike when it is incorrectly adjusted can result in discomfort and increase your risk of injury.

## **ADJUSTMENT OF SEAT POSITION**

### **SEAT HEIGHT ADJUSTMENT**

1. Standing next to the bike, adjust the seat until it is about hip height.
2. Rotate the crank arms until the pedals are in the vertical position: 12 and 6 o'clock.
3. Place your foot in the toe cage of the pedal closest to the floor and mount the bike. Ensure that the ball of your foot is over the center of the pedal. Your leg should be slightly bent at the knee, about 5 degrees.
4. If your leg is too straight or your foot cannot touch the pedal you will need to lower the seat height. If your leg is bent too much, you will need to raise the seat height.
5. Dismount the bike. Then loosen the knob on the seat post and adjust up or down as necessary.
6. When the seat is in the desired position, tighten the knob to secure the seat post.
7. Note the final position mark on the seat post for future reference.



### **SEAT FORWARD/AFT ADJUSTMENT**

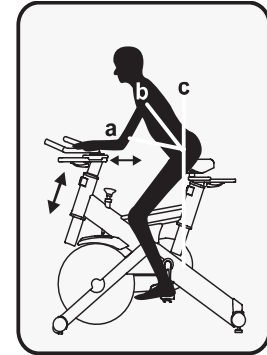
1. Sit on the bike with the crank arms in the 3 and 9 o'clock positions. A proper forward/aft position (for road bike training) of the seat is achieved when the small bump at the top of your shin is above the pedal axle.
2. Dismount the bike. Loosen the knob under the seat and slide the seat forward or backward as desired; tighten the knob.



## HANDLE BAR ADJUSTMENT

### HANDLEBAR HEIGHT ADJUSTMENT

1. The handlebar height is a matter of preference. Start with a handlebar height that is the same as the seat's height. Adjusting the handlebar higher will give the rider a more upright position; lower will result in a more crouched position.
2. Raise or lower the handlebar by loosening the knob on the handlebar post and adjust by sliding the handlebar mount up or down as desired. Then tighten the knob to secure the handlebar post. Note the final position mark on the handlebar post for future reference.



### ADJUSTMENT OF HANDLEBAR'S FORWARD/AFT POSITION

1. Loosen the knob under the handlebar and slide the handlebar forward or backward as desired. A suitable forward/aft position should allow the rider to comfortably grasp the handlebar with a slight bend at the elbow.
2. Tighten the knob to secure the handlebar assembly.

## RESISTANCE ADJUSTMENT

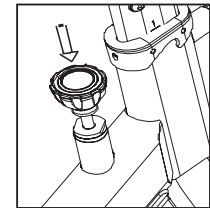
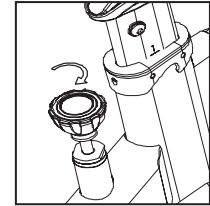
Resistance can be adjusted easily at any time while riding to change the intensity of workout. Turn the knob clockwise (+) to increase resistance. Turn the knob counterclockwise (-) to decrease resistance.

## EMERGENCY BRAKE

In case of emergency or before dismounting the indoor cycle, presses directly DOWN on the resistance knob to stop the flywheel and pedal.

## PEDAL STRAP ADJUSTMENT

Place the ball of your feet in the toe clip till the front of the shoe is snugly in the cage. Then tighten the strap of toe clip around your shoe by pulling up on the strap until cage of toe clip fits snugly around the shoe.



## **BELT TENSION ADJUSTMENT**

The belt tension had been set before shipping. It should not need to be adjusted when first using. However, you may need to make the minor tension adjustment over time.

*NOTE: Make sure you adjust both side equally, either tighten or loosen the belt tension so that the flywheel keep in alignment with the frame.*

### **TIGHTEN THE BELT TENSION**

Move the crank arms back and forth. If there is more than 1/4" (0.64cm) movement in the crank before flywheel starts turning, you will need to adjust the belt.

1. Loosen the two-flanged nut(A) on either side of flywheel.
2. Moving the flywheel forward by evenly tightening clockwise the 2 hex bolts(B), which go through the frame tube until there is approximately 1/4" (0.64cm) of slack in the belt.
3. Re-tighten the two-flanged nut on either side of flywheel and then put back the safety cover.

## **GENERAL MAINTENANCE**

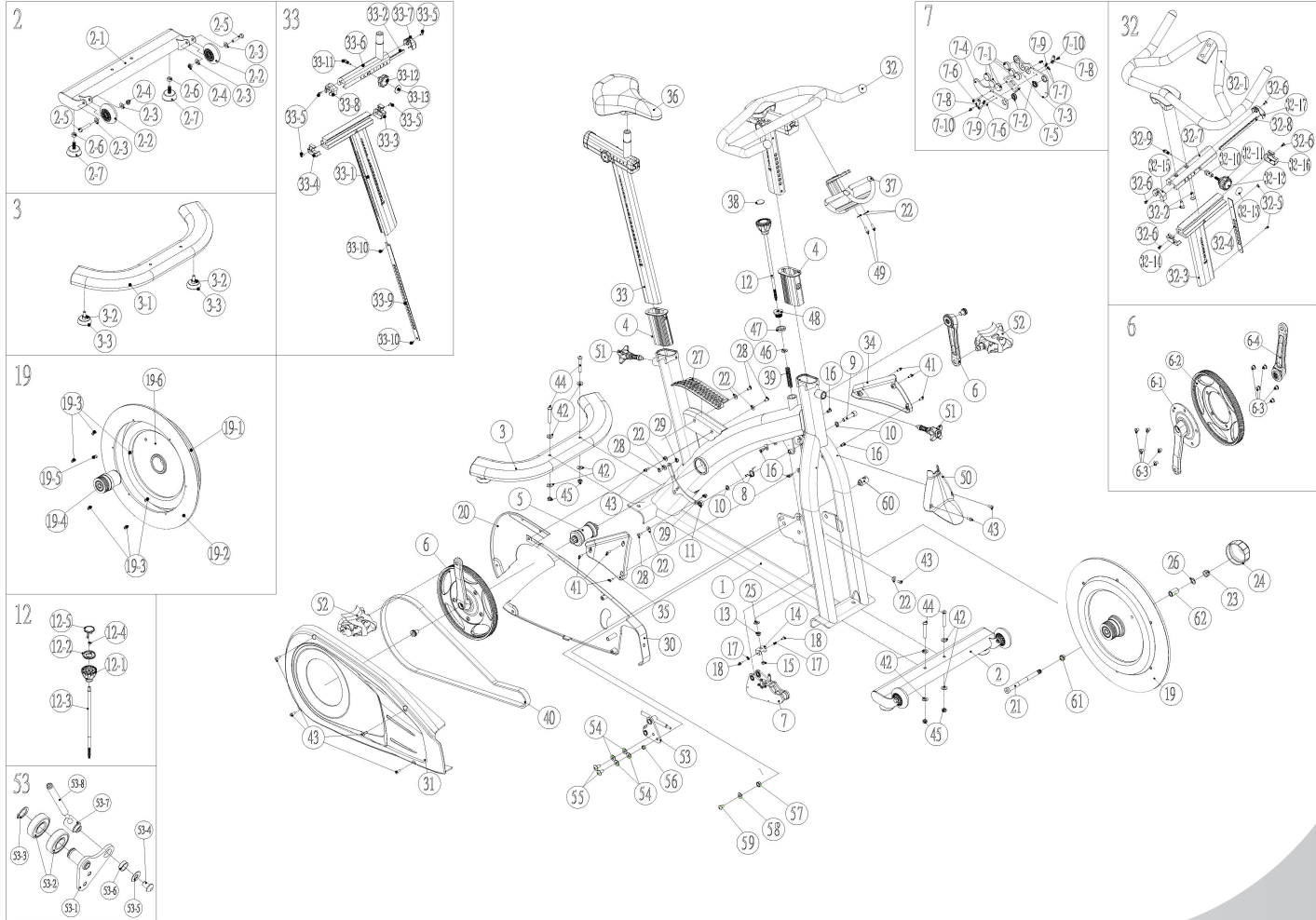
1. Wipe down all areas in the sweat path with a damp cloth after each workout.
2. If a squeak, thump, clicking or rough feeling develops the main cause is most likely one of two reasons:
  - a. The hardware was not sufficiently tightened during assembly. All bolts that were installed during assembly need to be tightened as much as possible. It may be necessary to use a larger wrench than the one provided if you cannot tighten the bolts sufficiently. We cannot stress this point enough; 90% of calls to the service department for noise issues can be traced to loose hardware.
  - b. The crank arm nut needs to be retightened.
3. If squeaks or other noises persist, check that the unit is properly leveled. There are 2 leveling pads on the bottom of the rear stabilizer, use a 14mm wrench (or adjustable wrench) to adjust the levelers.

## MAINTENANCE SCHEDULE

Part	Recommended Action	Frequency	Cleaner
Pedals	Ensure that pedals are tight in crank arms, that all screws on pedals are tight, and that the pedal straps are not frayed.	Before each Use	N/A
Frame	Wipe down using a clean, soft damp cloth	Daily	Water
Flywheel	Wipe down using a clean, soft damp cloth	Weekly	Water
Brake Pad	Check for wear	Monthly	N/A

1. Do not service internal parts of pedals. If they are found to be worn internally, we recommend replacing the pedal.
2. Use of lubricants or cleaning solutions other than those so specified will result in diminished performance and a shorter life span for that part.

# EXPLODED VIEW DIAGRAM



# PARTS LIST

Item	Description	Specification	Unit	Applied Unit(s)	Item	Description	Specification	Unit	Applied Unit(s)	
8780001	Frame Assembly		SET	1	8780010	StainlessFlat Washer	( 10.2x 16"1t)	PC	2	
2	8780002	FrontStabilizer Assembly (Silver)	40"80'2.0t'500 L	SET	1	8780011	Stainless Nylon Nut	M10x1.5	PC	1
	8780002-1	Rear Stabilizer (Silver)	40"80'2.0t'500 L	PC	1	8780012	BreakKnob Assembly		SET	1
	8780002-2	TransprrtationWheels		PC	2	8780012-1	BreakKnob	50.2'41.7L	PC	1
	8780002-3	Stainless FlatWasher(with original)	Ml( 19x 8.5x1t)	PC	4	8780012-2	BreakKnob Inner Cap	43.2'5 .5	PC	1
	8780002-4	Stainless Nylon Nut	Mix1.25(SUS304)	PC	2	8780012-3	BreakRod	10'27631L Ml'M5 (SUS304)	PC	1
	8780002-5	Stainless Hex Screw	Ml' 1.25'45L S=15	PC	2	8780012-4	Round and Inner Hex Screw (Nickel)	M4x0.7x8L	PC	1
	8780002-6	Hex Nut (SUS304)	3/8""16T'8t(Oppcside side:	PC	2	8780012-5	BreakKnob Cap	35'28.5L	PC	1
8780002-7	Foot	3/8""16T'42 .8L	PC	2	8780013	Stainless Nylon Nut	Mlx2.0 Left	PC	1	
3	8780003	Rear Stabilizer Assembly (Silver)		SET	1	8780014	Brake bracket for adjustment	SS411=15	PC	1
	8780003-1	Rear Stabilizer (Silver)	40"80'2.0t'678 L	PC	1	8780015	Stainless Nylon Nut	M5'0.8(SUS304)	PC	1
	8780003-2	Hex Nut (SUS304)	3/8""16T'8t(Oppcside side	PC	2	8780016	Stainless rivet (Hex head)	Hex Side:	PC	4
	8780003-3	Foot	3/8""16'42.8L	PC	2	8780017	Copper Bushing	8'4'2.7L	PC	2
8780004	Sleeves	Black	PC	2	8780018	Stainless Screw (wrth Flat and	M4x0.7x10L	PC	2	
8780005	Bottom Bracket	VORTEX ISD 12113/68	PC	1	8780019	Flywheel Assembly		SET	1	
6	8780006	Pulley Assembly		PC	1	8780019-1	Flywheel	362.2'53'49.8LFC25	PC	1
	8780006-1	Right Crank	155'130'170L	PC	1	8780019-2	PJuminum Ring	457.2'81 A360	PC	1
	8780006-2	Pulley	260'20L P.JDC12	PC	1	8780019-3	Stainless Screws (Flat and Inner Hex	M5'0 .8' 16Ll.nner Hex side	PC	6
	8780006-3	Paired Screws	MIRCW-085	SET	5	8780019-4	Hub Assembly		PC	1
	878006-4	Left Crank	9/16""20TPeLeft Thread	PC	1	8780019-5	Magnet	9.5'5L'3850	PC	1
8780007	Magnetic Brake Set (Red)	t=5.0 SS41	SET	1	8780019-6	Flywheel Sticker (Right)		PC	1	
8780007-1	Magnet	25'8'1, N35	PC	6		Flywheel Sticker (Left)		PC	1	
8780007-2	Bearing	F6800W5 ZZ	PC	2	8780020	Inner Belt Guard	ABS(Black) 31	PC	1	
8780007-3	Magnetic Brake Plate (Right)	t=5.0 SS41	PC	1	8780021	Axel of Flywheel	S45C M12'146L	PC	1	
8780007-4	Magnetic Brake Plate (Left)	t=5.0 SS41	PC	1	8780022	Stainless Flat Washer	M6( 16x 6.5x1t)	PC	8	
8780007-5	Brake Pad Assembly	57'23.2'14.8mm	PC	1	8780023	N on Nut (Nickel)	M12x1.75	PC	1	
878007-6	Stainless Screws (Round and Philip	M4x0.7x40L SUS304	PC	2	8780024	Hub Cap	PVC. 76' 22'46.2L	PC	1	
878007-7	Stainel ss Nylon Nut	M4x0.7	PC	2	8780025	N on Washer	8.2x18x2.0t	PC	1	
8780007-8	Brake Pad connection plate	t=1.5SPHC	PC	2	8780026	Flat Washer	13x 20x1t	PC	1	
8780007-9	Copper Bushing	8'4'2 .7L	PC	2	8780027	Foot Rest	=t 1.0 SUS304	PC	1	
8780007-10	Stainless Screws (Flatand PhilipHead)	M4x0.7x10L	PC	2	8780028	Stainless Screw (Inner Hex)	M6x1.0x12L	PC	4	
8780008	Spring	Diameter2.0	PC	1	8780029	Cap Nut	M6'1.0(SUS304)	PC	2	
8780009	Stainless Screws (RoundHead and	M10'1.5'45L SUS304	PC	1	8780030	Inner Belt Guard (Front)	ABS(Black)	PC	1	

## PARTS LIST continued

Item	Description	Specification	Unit	Applied Unit(s)	Item	Description	Specification	Unit	Applied Unit(s)	
8780031	Outer Belt Guard Assembly	ABS	PC	1	8780036	Saddle		PC	1	
32	8780032	Handlebar Assembly	SET	1	8780037	Water Bottle Holder (Single)		PC	1	
	8780032-1	handlebar	PC	1	8780038	Brake Knob	28 PVC	PC	1	
	8780032-2	Inner Hex Screws with blue Loctite	PC	2	8780039	Spring	1.5"12"40L	PC	1	
	8780032-3	Handlebar Post Assembly (Mjustable)	PC	1	8780040	Poly V/Belt	PK5"1515L	PC	1	
	8780032-4	Positioning Mital plate for handlebar post (8 holes)	1=2.0SUS304	PC	8780041	Stainless Screw (Round and Philip Head)	M5x0.8x12L	PC	6	
					8780042	Stainless FlatWasher	M( 19x 8.5x1t)	PC	8	
	8780032-5	Stainless Screw with BlueLoctite	M3'0. 5'6L	PC	2	8780043	Stainless screw (Round and Inner Hex		PC	8
	8780032-6	Stainless Screw (Round and Philip Head)	M4'0. 7'8L	PC	4	8780044	Stainless screw (Round and Inner Hex	Mix1.25x55L	PC	4
	8780032-7	Handlebar Post Mjustment (Upper Part)	46'36"190L 116061	PC	1	8780045	Stainless Nylon Nut	Mix1.25(SUS304)	PC	4
	8780032-8	Handlebar Mjustment Block	9.5"8"175L /16061	PC	1	8780046	Stainless FlatWasher	M( 19' 8.5"11)	PC	1
	8780032-9	Pop-pin	M1'6.5"31 4(SUS304)	PC	1	8780047	Aluminum Washer	30'22.2'5i AL6061	PC	1
	8780032-10	Pin	M12"MI'30L S15C	PC	1	8780048	Brake Knob fastened Block	30'23L	PC	1
	8780032-11	Knob for Handlebar Mjustment	42'31.5L	PC	1	8780049	Stainless screw (Round and Inner Hex	M1'10"15L	PC	2
	8780032-12	Knob Cap	35'28.5L	PC	1	8780050	Front Sweat Protection Guard	Black	PC	1
	8780032-13	CIC800 Sticker for Knob	028 PVC	PC	1	8780051	Pop-in (FourConvex Sides knob)	Pin: 79L'9.0	SET	2
	8780032-14	End Cap (Down, Rear)- for Handlebar		PC	1	8780052	Pedals		SET	1
	8780032-15	End Cap (Upper, Rear)- for Handlebar		PC	1		8780053	Idle Arm Assembly	SET	1
8780032-16	End Cap (Down, Front) - for Handlebar		PC	1	8780053-1	Idle Arm		PC	1	
8780032-17	End Cap (Upper, Front)- for Handlebar		PC	1	8780053-2	Bearing	40'17"12	PC	2	
8780033	Seat Post and Mjustment Assembly		SET	1	8780053-3	C-shapedRing		PC	1	
8780033-1	Seat Post	31'62"3.0t"515L(A6061)	PC	1	8780053-4	Nickel Screw (Round and Inner Hex)	M1'1.25"12L	PC	1	
8780033-2	Seat Post Mjustment Block	9.5'8"190L	PC	1	8780053-5	Flat Washer (Black)	M( 8.5x19x11)	PC	1	
8780033-3	End Cap (Down, Front) - for Seat Post		PC	1	8780053-6	Idle Arm Sleeve	S15C 12' 16'5.3L	PC	1	
8780033-4	End Cap (Down, Rear)- for Seat Post		PC	1	8780053-7	Nut for le Arm	S15C 18'26L	PC	1	
8780033-5	StainlessScrew (Round and Philip Head)	M4x0.7x8L	PC	4	8780053-8	FlatHead, Nickel Philip screw	M10"130L	PC	1	
8780033-6	Upper Part of Seat Post Mjustment		PC	1	8780054	Flat Nickel Washer	M( 8.5' 19'21)	PC	4	
8780033-7	End Cap (Upper, Front)-for Seat Post		PC	1	8780055	Nickel Screws (Round and Philip Head)	Mix1.25x16L	PC	2	
8780033-8	End Cap (Upper, Rear)- for Seat Post		PC	1	8780056	Sleeve B for fastening plate of flywheel	S15C 12' 8'6.3L	PC	1	
8780033-9	PositiioningMital plate for seat post	1=2.0SUS304	PC	1	8780057	Sleeve A for fastening plate of flywheel	S15C 16"12'6.3L	PC	1	
8780033-10	StainlessScrew with blue Loctite	M3'0.5'6 L	PC	2	8780058	Flat Washer (Black)	M( 8.5x19x11)	PC	1	
8780033-11	Pop-pin	10'26L	PC	1	8780059	Round and Inner hex screw (Nickelwith the opposite side 5 mm)	M1'1.25"12L	PC	1	
8780033-12	Knob for seat post adjustment	42'31.5L	PC	1						
8780033-13	Sticker for Knob	28 PVC	PC	1	8780060	Nut for fastening plate of flywheel	S15C 20'34L	PC	1	
8780034	Sweat Protection Guard (Left)		PC	1	8780061	Sleeve C	S15C 18' 12.2'75L	PC	1	
8780035	Sweat ProtectionGuard (Right)		PC	1	8780062	Sleeve A	S15C 18' 12.2'79L (Nickel)	PC	1	



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