

CIC850 FITNESS BIKE
OWNER'S MANUAL

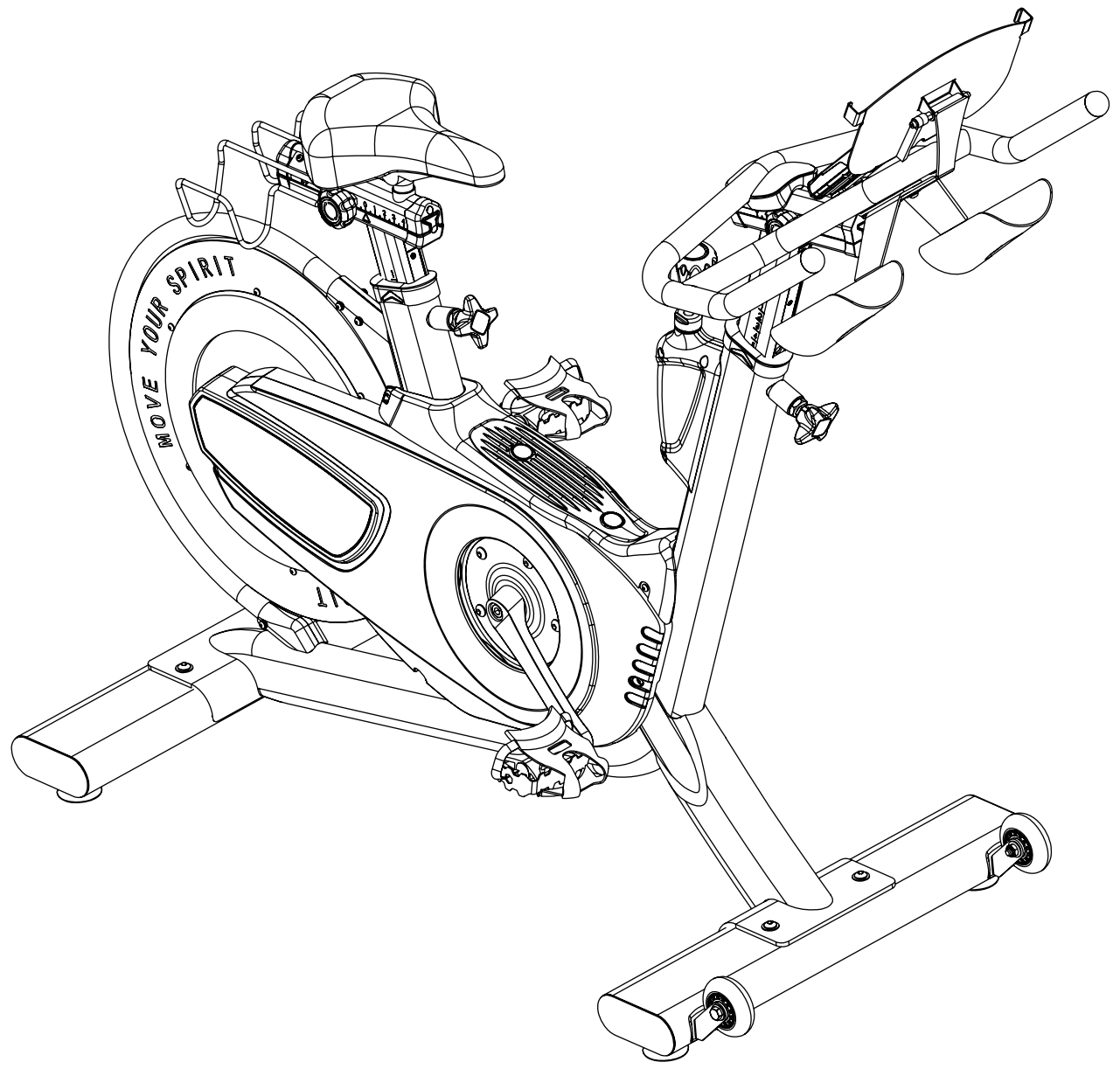


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Thank you for purchasing our product, please save these instructions. Please do not perform or attempt any customizing, adjustments, repair or maintenance that is not described in this manual.



Congratulations on your new Indoor Cycle and welcome to the Spirit Fitness family!

Thank you for your purchase of this quality group indoor cycle from Spirit Fitness. Your new indoor cycle was manufactured by one of the leading fitness manufacturers in the world and is backed by one of the most comprehensive warranties available. Through your dealer, Spirit Fitness will do all we can to make your ownership experience as pleasant as possible for many years to come. If not purchased direct from Spirit Fitness, the local dealership where you purchased this indoor cycle is your administrator for all Spirit Fitness warranty and service needs. Their responsibility is to provide you with the technical knowledge and service personnel to make your experience more informed and any difficulties easier to remedy.

Please take a moment at this time to record the name of the dealer, their telephone number, and the date of purchase below to make any future, needed contact easy. We appreciate your support and we will always remember that you are the reason that we are in business.

Yours in Health,
Spirit Fitness

NAME OF DEALER _____

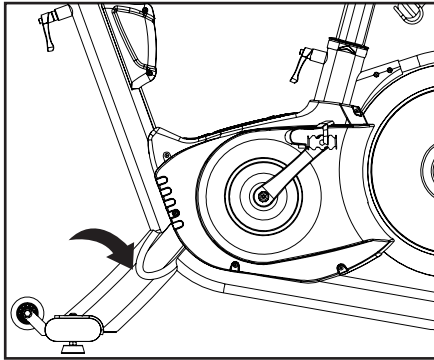
DEALER PHONE # _____

PURCHASE DATE _____

RECORD YOUR SERIAL NUMBER

Please record the serial number of this fitness product in the space provided below.

Serial Number Location



Serial Number: _____

REGISTER YOUR PURCHASE

The product registration must be completed. Please visit us at www.spiritfitness.ca/warranty under the Support tab to register online.

IMPORTANT SAFETY INSTRUCTIONS

WARNING

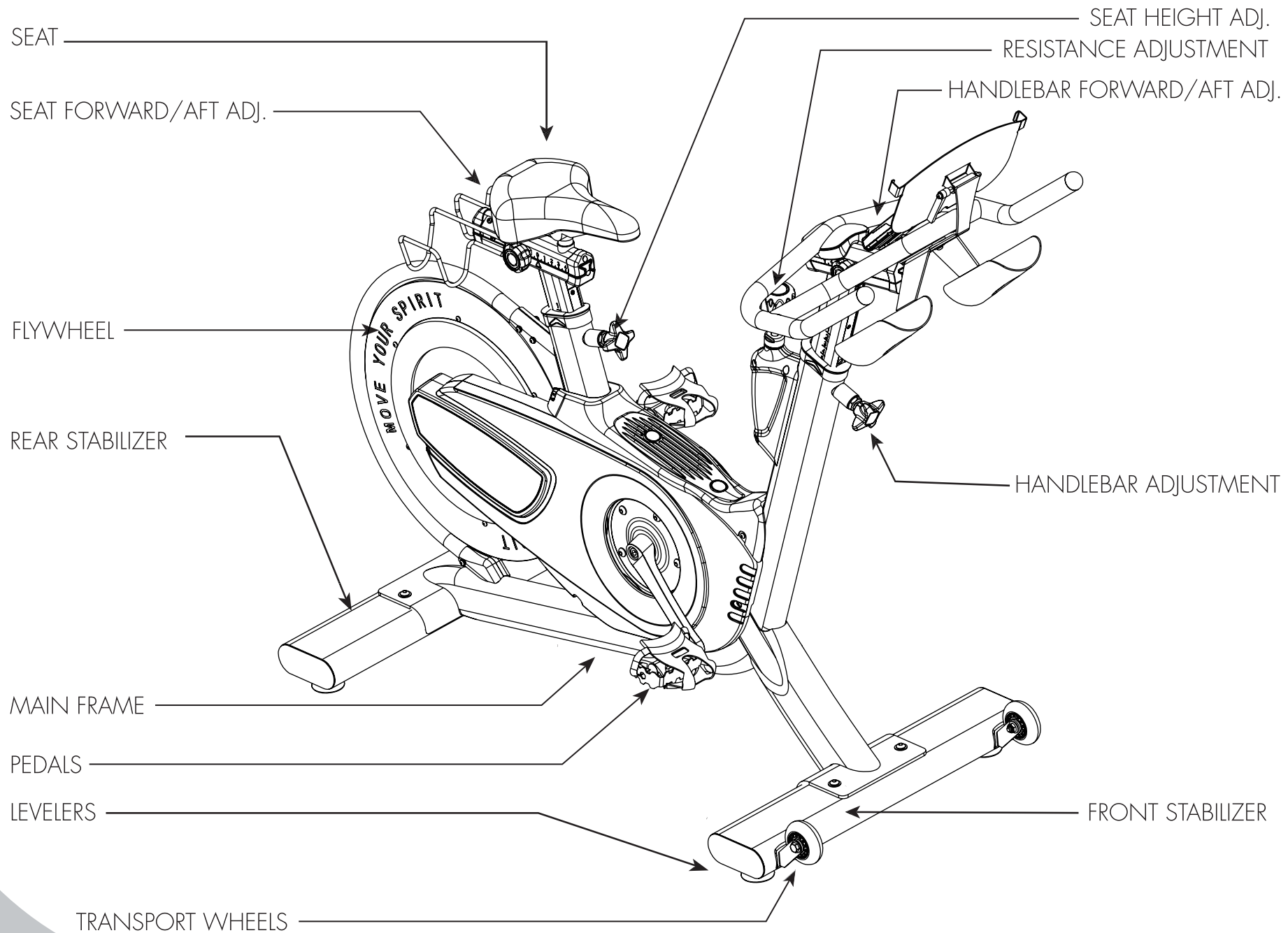
- Use this equipment only for its intended use as described in this manual. Do not attempt to ride this bike at high pedal speeds until you have ridden the bike for some time and are comfortable riding at slower pedal speeds.
- The bike is NOT equipped with a freewheel system which means that when the flywheel is in motion, the pedals will be in motion. Do not attempt to stop the unit by applying backward pressure to pedals while they are turning as knee injury may occur. Do not attempt to remove your feet from pedals while they are moving.
- Wait for flywheel to coast to a stop before dismounting the bike. If you want to stop the flywheel, push down on the resistance/brake knob.
- Serious injury or death may occur from over-training. Consult a medical doctor or qualified fitness instructor to determine an exercise program appropriate for your level of fitness.
- Do not attempt to turn the pedal cranks by hand. Do not touch any driving mechanism while it is in motion as possible injury could occur.
- In a home setting, keep children away from the bike when it is not in use. Keep children and pets away from the unit while it is in use.
- Do not attempt to perform dip movements on handlebars.
- Never drop or insert any object into any opening of the bike.
- Only use the bike on a stable, level floor.
- Follow instructions for safe use of the equipment including proper seat position, handlebar position, and use of foot positioning system of pedals. Do not attempt to pull up handlebar post and seat post over the 'MAX.' level
- For safe operation, allow for at least 1 foot (30cm) of free space to either side of the unit and 2 feet (60cm) of free space to the rear of the unit.
- Regularly examine the bike for damage and wear. Inoperable components should be replaced immediately or the equipment should not be used until it is repaired.
- This equipment is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the equipment by a person responsible for their safety.
- Keep children under the age of 13 away from this machine.

- Failure to follow all guidelines may compromise the effectiveness of the exercise experience, expose yourself (and possibly others) to injury, and reduce the longevity of the equipment.

SAVE THESE INSTRUCTIONS - THINK SAFETY!

IMPORTANT OPERATION INSTRUCTIONS

NEVER expose the bike to rain or moisture. This product is NOT designed for use outdoors, near a pool or spa, or in any other high humidity environment. Maximum environmental ratings are 40-120 degrees Fahrenheit, 95% humidity non-condensing (no water droplets forming on surfaces).



CIC850 PRE-ASSEMBLY

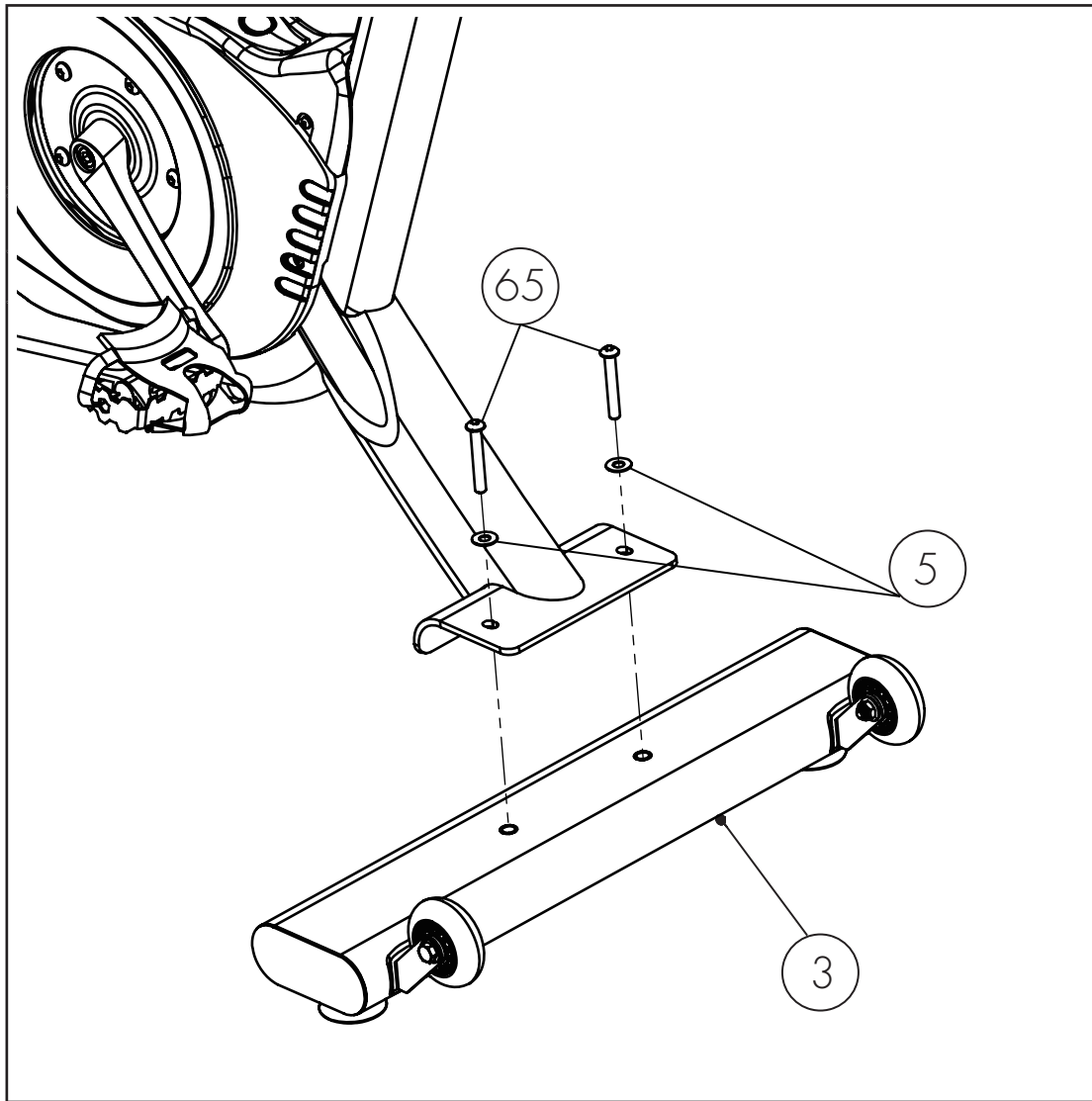
TOOLS INCLUDED:

- 4mm Allen Wrench A
- 5mm Allen Wrench B
- 13/14/15/17mm Combination Wrench C
- M22 Wrench D

PARTS INCLUDED:

- 1 Main Frame
- 1 Front Stabilizer
- 1 Rear Stabilizer
- 1 Adjustment Handlebar Knob
- 1 Water Bottle Holder'
- 1 Handlebar Post
- 1 Handlebar
- 2 Foot Pedals
- 1 Hardware Kit
- 1 TABLET Holder
- 1 Console
- 1 Dumbbell Holder
- 1 Console Bracket

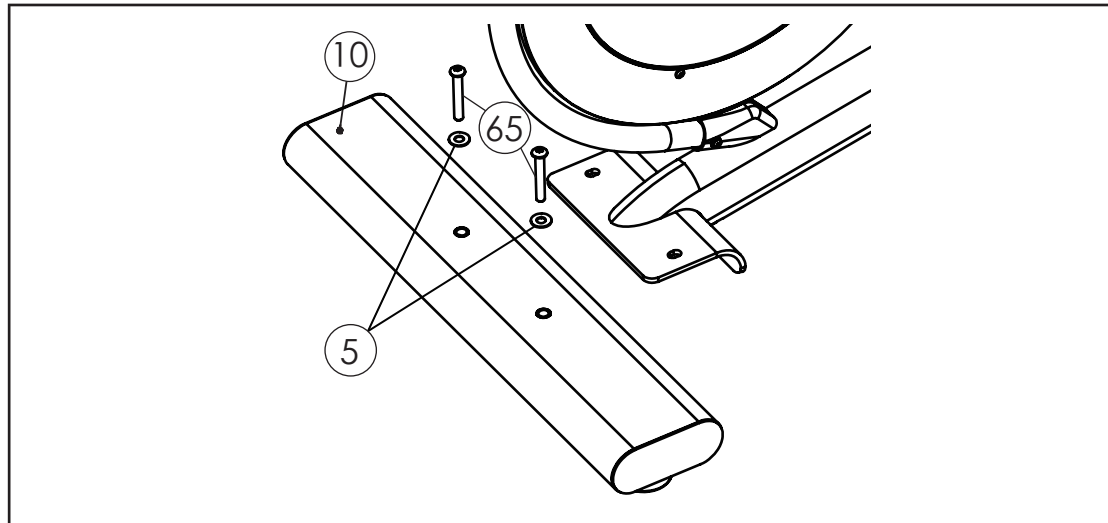
CIC850 STEP ONE



| HARDWARE FOR STEP 1 | | | |
|---------------------|------------------|-------------|-----|
| PART | TYPE | DESCRIPTION | QTY |
| 65 | ALLEN HEAD BOLTS | M8X1.25X55L | 2 |
| 5 | FLAT WASHER | M8 | 2 |

1. Gather **HARDWARE FOR STEP 1**.
2. Position the **FRONT STABILIZER (3)** on the **FRAME BRACKET** as showed in the figure. Make sure the **TRANSPORT WHEELS** are facing up and toward the front of the bike.
3. Attach the **STABILIZER** with 2 **ALLEN HEAD BOLTS (65)**, 2 **FLAT WASHERS (5)**. Do not over tightened as the deformation of stabilizer may occur.
4. Make sure the **LEVELING FEET** with nut are fully screwed into the **STABILIZER**

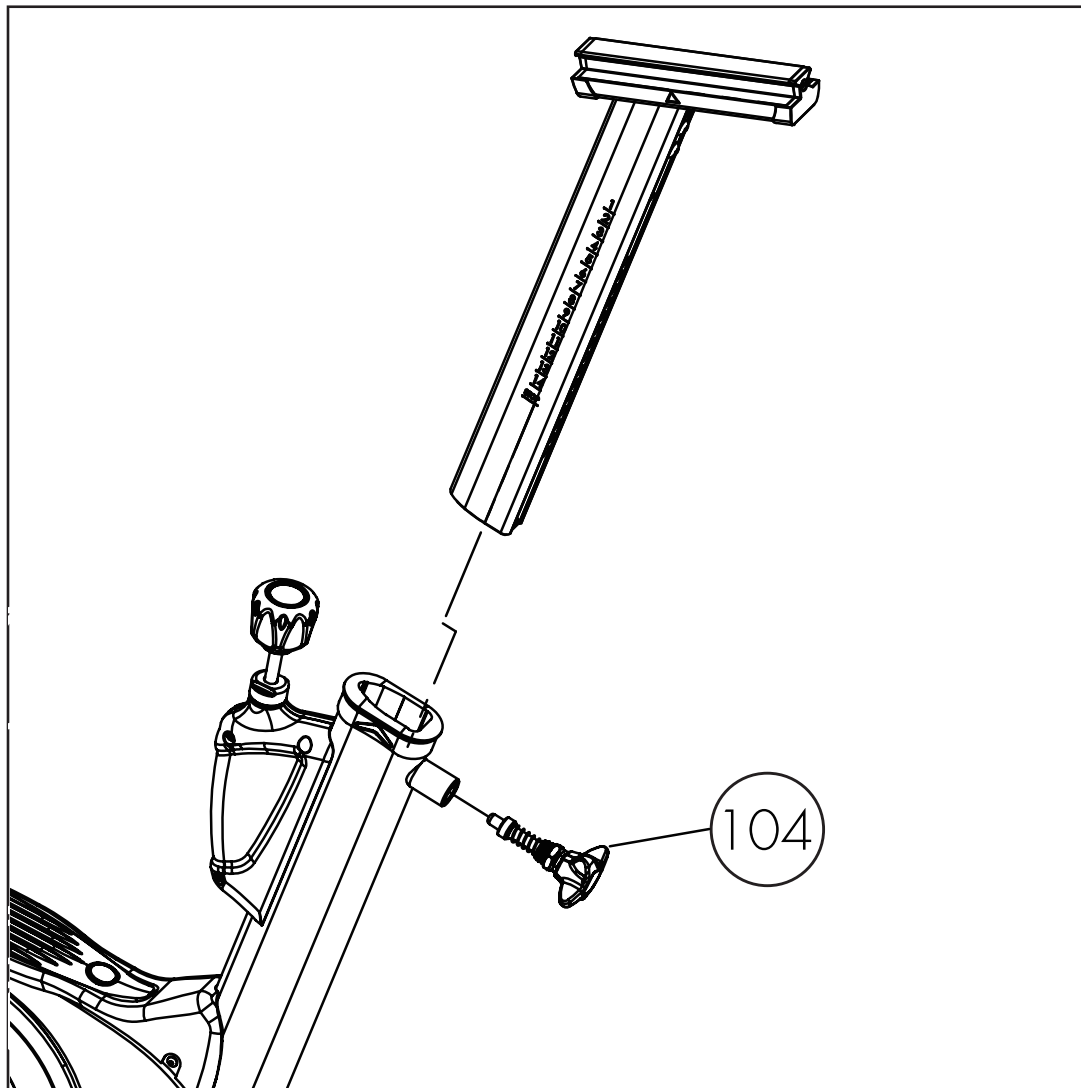
CIC850 STEP TWO



| HARDWARE FOR STEP 2 | | | |
|---------------------|------------------|-------------|-----|
| PART | TYPE | DESCRIPTION | QTY |
| 65 | ALLEN HEAD BOLTS | M8X1.25X55L | 2 |
| 5 | FLAT WASHER | M8 | 2 |

1. Gather **HARDWARE FOR STEP 2**.
2. Position the **REAR STABILIZER (10)** on the **FRAME BRACKET** as showed in the figure.
3. Attach the **STABILIZER** with 2 **ALLEN HEAD BOLTS (65)**, 2 **FLAT WASHERS (5)**. Do not over tightened as the deformation of stabilizer may occur.

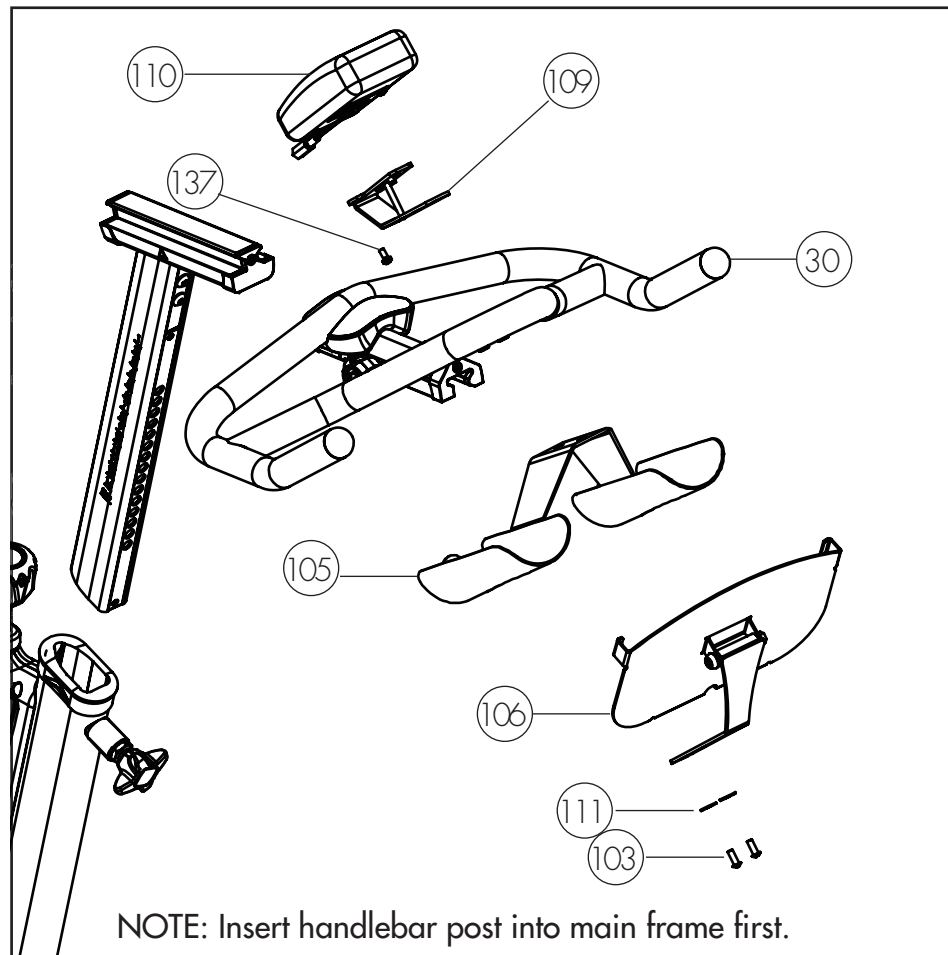
CIC850 STEP THREE



| HARDWARE FOR STEP 3 | | | |
|---------------------|------|--------------|-----|
| PART | TYPE | DESCRIPTION | QTY |
| 104 | KNOB | STAR-POP-PIN | 1 |

1. Remove the **STAR-POP PIN** (104) from the components box and turn clockwise to tighten firmly into the **FRAME** with **WRENCH (D)**.

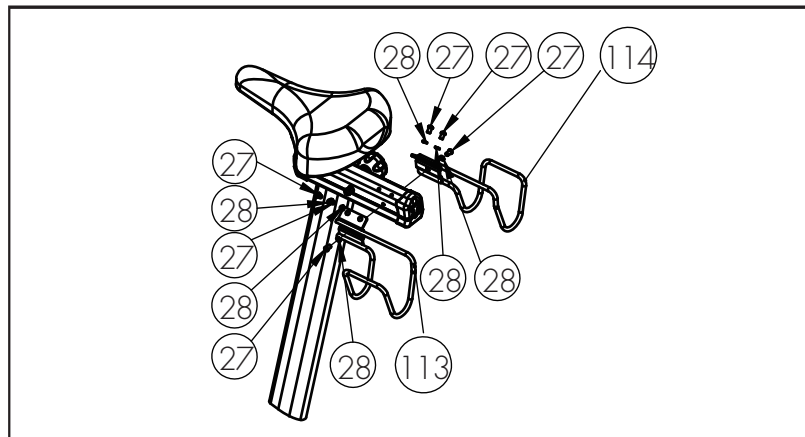
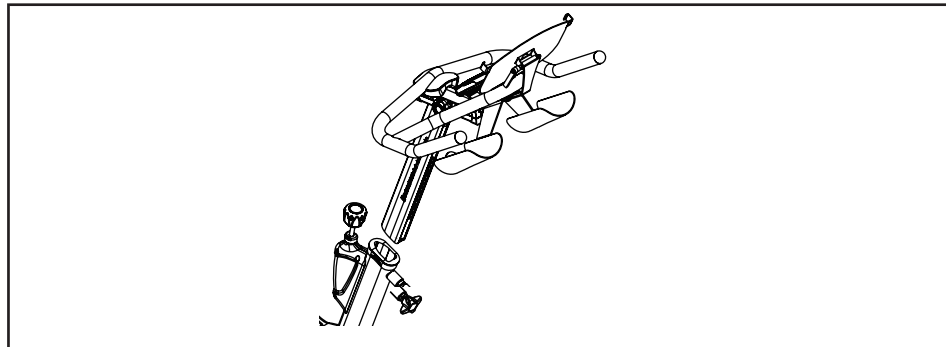
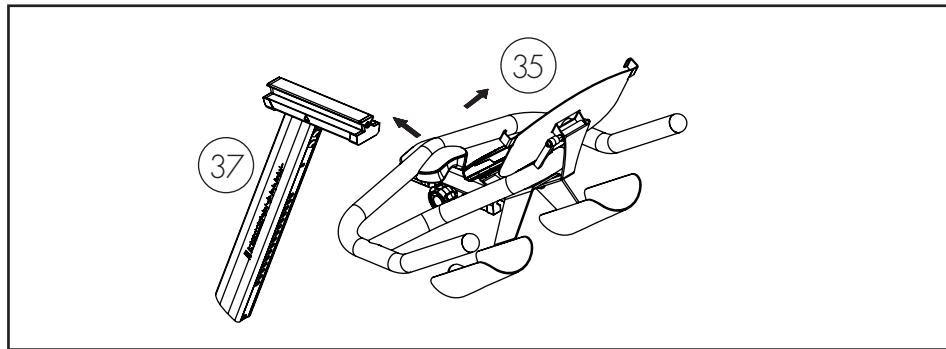
CIC850 STEP FOUR



| HARDWARE FOR STEP 4 | | | |
|---------------------|---------------------|-------------------|-----|
| PART | TYPE | DESCRIPTION | QTY |
| 110 | CONSOLE | DT-3268F | 1 |
| 109 | CONSOLE BRACKET | / | 1 |
| 137 | SCREW | M5*15L | 1 |
| 30 | HANDLEBAR | / | 1 |
| 105 | WATER BOTTLE HOLDER | BLACK | 1 |
| 106 | TABLET HOLDER | BLACK | 1 |
| 103 | SCREW | M6*P1.0*20L | 2 |
| 111 | FLAT WASHERS | M6(D16*d6.5*1.0t) | 2 |

1. Gather **HARDWARE FOR STEP 4**. Handlebars should be attached for assembly process.
 - 2.1 Remove the battery cover from the back of the **CONSOLE (110)**. Screw for securing battery cover can be found inside compartment. Insert 2 AAA batteries inside the battery compartment and reinstall the battery cover. When battery working voltage is low, the "Low battery" indicator will show up on the console display.
 - 2.2 Place the **CONSOLE BRACKET (109)** on the back of the console and secure using the 1 **SCREW (137)** from the console box. Tighten with Combination Cross Wrench (C).
3. Position the **CONSOLE BRACKET (109)** on the **HANDLEBAR (30)** making sure to align the screw holes with the screw holes of the Handlebar. Align the screw holes of **WATER BOTTLE HOLDER (105)** with **TABLET HOLDER (106)** and the **CONSOLE BRACKET (109)** and the Handlebar. Secure using 2 **SCREWS (103)** and 2 **FLAT WASHERS (111)** and tighten with L-hex Wrench (A). **NOTE: Reverse STEP FOUR assembly steps when replacing console battery.**

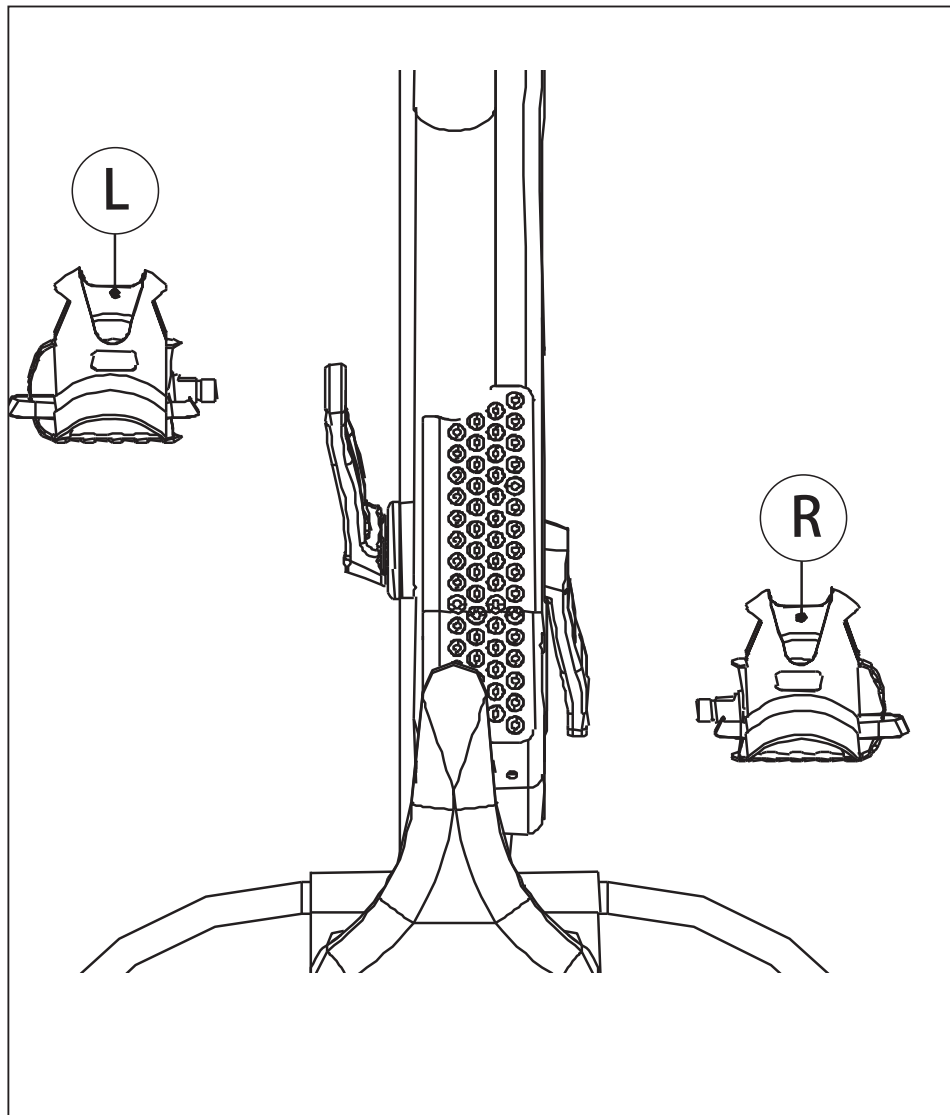
CIC850 STEP FIVE



| HARDWARE FOR STEP 5 | | | |
|---------------------|-----------------------|-------------|-----|
| PART | TYPE | DESCRIPTION | QTY |
| 35 | SAFETY PIN | / | 1 |
| 37 | HANDLEBAR POST | / | 1 |
| 27 | Flat cross head screw | M5*PO.8*8L | 6 |
| 28 | Spring Washer | SW5*1.0t | 6 |
| 113 | Left dumbbell Holder | / | 1 |
| 114 | Right dumbbell Holder | / | 1 |

1. Gather **HARDWARE FOR STEP 5**.
2. Pull out the **SAFETY PIN (35)** and slide the **HANDLEBAR** onto the **POST (37)**.
3. Insert the **HANDLEBAR ASSEMBLY** into the **FRAME TUBE** and tighten firmly with **STAR-POP PIN**.
4. Remove the 3 **SCREWS (27)** with 3 **SPRING WASHERS (28)** from the seat slider assembly. Attach the **LEFT DUMBBELL HOLDER (113)** to the seat slider and secure with 3 **SCREWS (27)** and 3 **SPRING WASHER (28)** by the wrench (C) tightly.
5. Repeat for the **RIGHT DUMBBELL HOLDER (114)**.

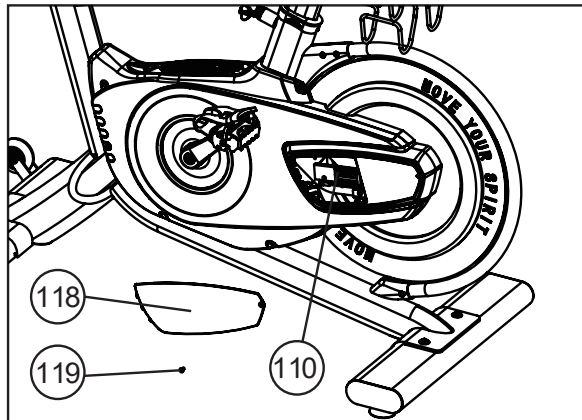
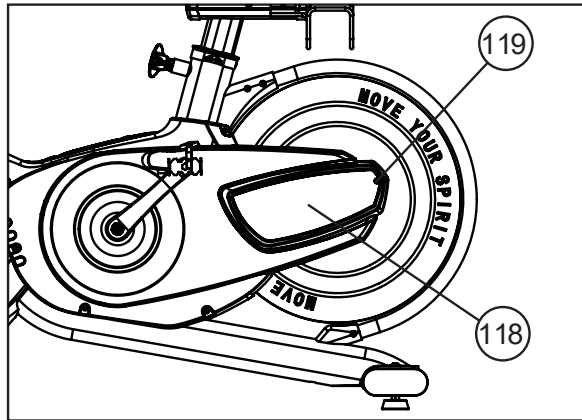
CIC850 STEP SIX



| HARDWARE FOR STEP 6 | | | |
|---------------------|-------|-------------|-----|
| PART | TYPE | DESCRIPTION | QTY |
| 136R/L | PEDAL | JD-304 | 1 |

1. Remove pedals from the components box.
2. Look at the end of the pedal axle and notice each pedal is marked with an R and L on the spindle. It is indicated which side of bike the pedal is intended to assemble.
3. Locate the pedal marking R on the spindle on the right side of crank (Chain guard side). Turn clockwise to tighten by wrench C firmly. If possible, apply some grease to the threads before engaging to the crank.
4. Locate the pedal marked L on the spindle on the left side of the crank. Turn counter-clockwise to tighten by wrench C firmly. If possible, apply some grease to the threads before engaging to the crank.

CIC850 STEP SEVEN



| HARDWARE FOR STEP 7 | | | |
|---------------------|-------|-------------|-----|
| PART | TYPE | DESCRIPTION | QTY |
| 119 | SCREW | | 1 |

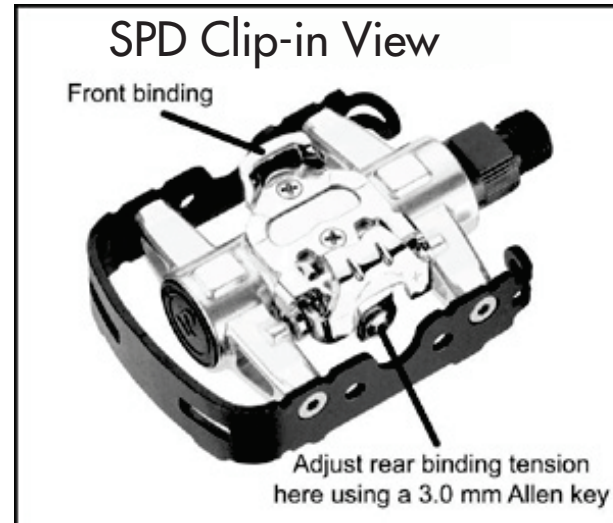
1. Loosen the **SCREW (119)** using the **Wrench (C)**. Remove the **SMALL CHAINGUARD COVER (118)**.
2. Insert batteries. Replace the **SMALL CHAINGUARD COVER (118)** and secure with the **SCREW**.

ADJUSTING THE PEDAL STRAPS

Place your feet in between the aluminum surface of the pedal and the nylon foot strap that wraps around it. To adjust the fit, pull the end of the adjustable strap down to tighten, or pull the strap up to loosen.

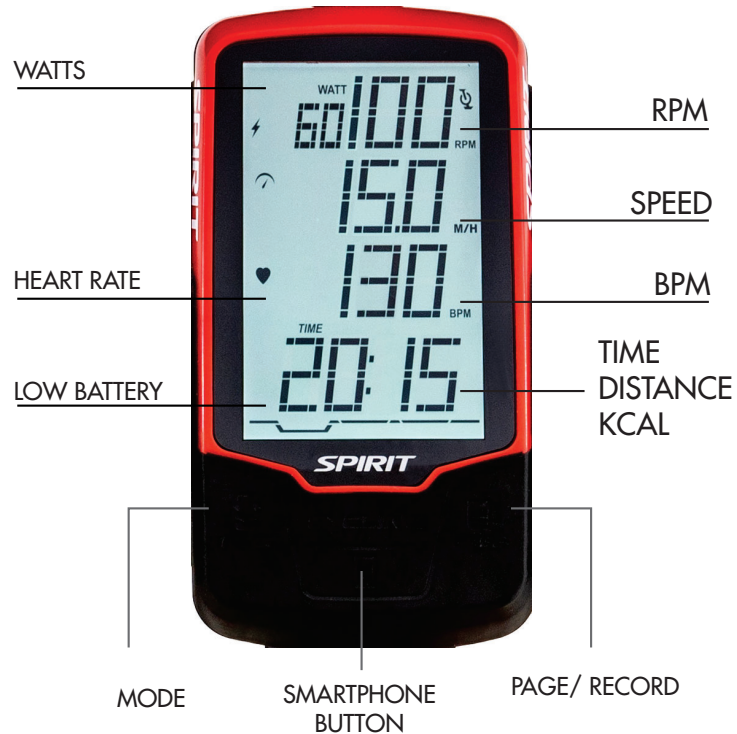
USING THE SPD CLIP-IN PEDALS

Engage the clip-in pedals by placing clip-in between bindings while pushing down. Disengage by twisting heel outwards away from exercise bike. Binding tension is adjustable and should be set so that clip-in and shoe do not disengage when pedaling. Use an Allen key to turn tension adjusting screws, clockwise to increase binding tension, counterclockwise to decrease binding tension.





CIC850 CONSOLE OPERATION



Cadence Bar Graphic: 0 - 199RPM

RPM: 0 - 199RPM

SPEED: 0 - 99 KM/H

PULSE: 30 - 240BPM

TIME: Count Down Range 1 - 99 Minutes

Count Up Range 00:01 - 99:59

Protocol: BLE4.0

TIME

Time is the length of time (min. / sec.) The time will count up or count down during user peddling. When peddling stopped, the time will stop to count up or count down after 3 seconds.

CADENCE & SPEED

Cadence is the measurement of how fast the cranks are rotating in RPM's. The approximate speed of the bike can also be display (MPH/KPH) in the section. In addition to the MPH/KPH, the CADENCE will also display a bar graph that allows the rider to keep track of the approximate cadence that has been achieved. Average Cadence or Speed will be automatically shown after the rider stop the pedaling for 3 seconds.

DISTANCE

Distance is the measurement of the approximate distance achieved on the bike. This distance is based on the user riding a bike with tires that are the same size as the bikes flywheel.

KCAL

Kcal is the approximation of calories burned during your work out. The calories are calculated by measuring the rider's instantaneous heart rate, age, and weight.

HEART RATE (apply to HR featured models only)

This is the approximation of heart rate detect from the chest belt during the work out. Average Heart Rate will be automatically shown after 3 seconds if the console cannot detect the current Heart Rate.

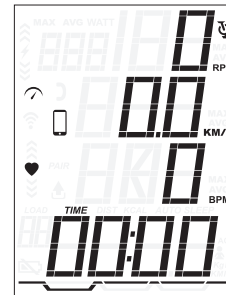
QUICK START

In Power Saving Mode, Press Page Key will bring the CONSOLE to 'QUICK Start' active state.

Power Saving Mode

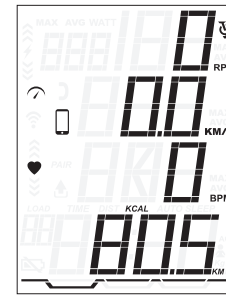
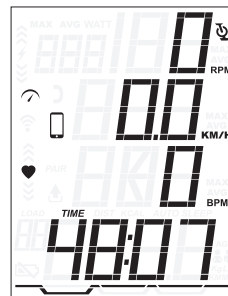


Quick Start Mode



MODE SELECT

Press 'MODE' key to select the TIME, DIST, KCAL display.



RESETTING ALL MEASURED VALUE

To clear all the measured values, press and hold the Page key under the TIME Mode for 3 seconds. All the measured value for **AVG SPEED, AVG PULSE, TIME, DIST, KCAL** will reset to zero.

TIMER SETTING

The TIMER displays users' exercise-workout time. Set the count down time by holding the "Page" button down for 3 seconds. Press "Page" again to continue. Now, press the "Mode" button until the desired time is displayed. If the user does not set the COUNT DOWN TIME, the TIME will count up from 00:00 to 99:59.

If user prior set the COUNT DOWN TIME, the TIME will count down to zero with flashing display and Alarm automatically from counting down to counting up from 00:01. The user can go into TIMER setting from SPEED or DISTANCE Mode by press and hold 'SET' key for 3 seconds.

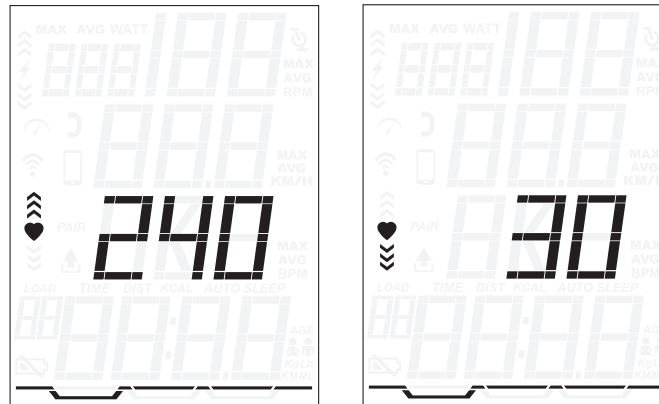
CHANGING BETWEEN METRIC AND IMPERIAL

Hold the PAGE button for 3 seconds until the display starts flashing with TIME displayed. Press the PAGE button to select KG or LB (metric or imperial). Press MODE to confirm your selection.

HEART RATE TARGET ZONES

Under the DIST or KCAL, hold the Page Key for 3 seconds to go into the settings. Press MODE to go to the heart rate icon then press Page to go to the heart rate target zone window.

Press the MODE key to increase the maximum heart rate limit. After setting the maximum heart rate, press the Page key to adjust the minimum heart rate.



PERSONAL DATA SETTINGS

Accurate personal data will make your calories burned more accurate. Under KCAL or DISTANCE MODE, Hold Page key for 3 seconds to go into the setting, continually press 'MODE' key to get to the heart rate windows.

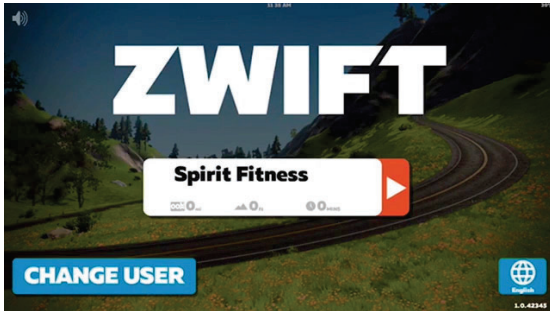
1. Press the Page key to select the gender, either: Male / Female
2. Press the Page key to go to the weight unit setting. Press the Mode key to select the weight, either: Kg. / Lb.
Note: this change of metric units to imperial units will affect the displaying units: MPH/KPH, Lb/KG and ML/KM.
3. Press the Page key, this will go to the weight setting. Press the Mode key to increase the weight by 0.5 Kg. or 0.5Lb.

BLUETOOTH PAIRING

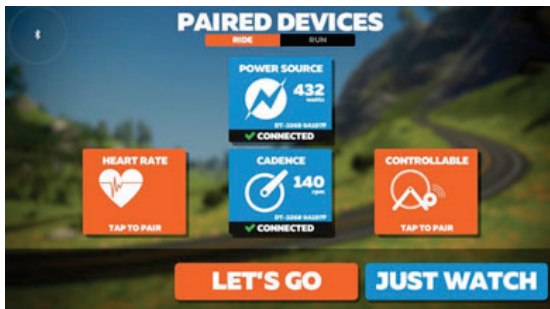
1. Press the smart phone key on the console.
2. On your phone, open the desired app and search for devices to pair.
3. Select the bike console once it is shown on your device. The app and bike console should now be paired.

CONNECTING TO ZWIFT

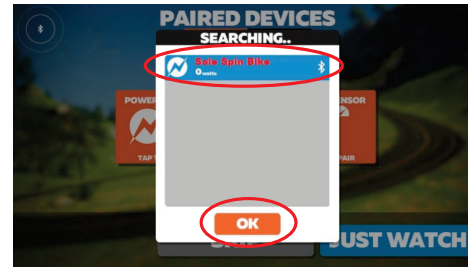
1. Log in to Zwift.



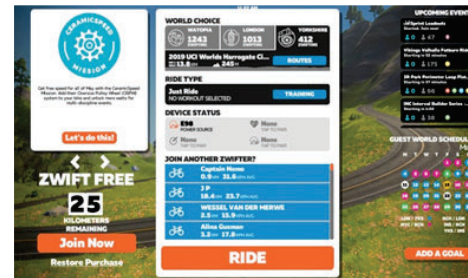
2. Select the power source and cadence, the system will prompt you to select machine.



3.



4. Select ride to start



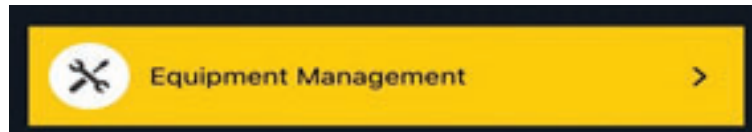
5. Enjoy the ride!

CONNECTING TO KINOMAP

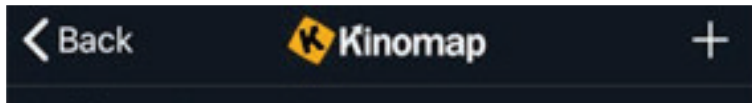
1. Select "More" on the bottom right corner



2. Select equipment management



3. Select "+" on the top right corner



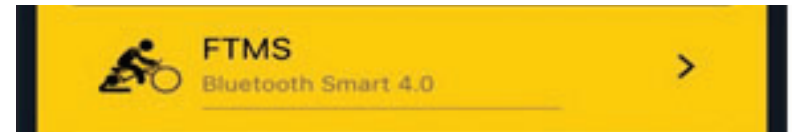
4. Select exercise bike



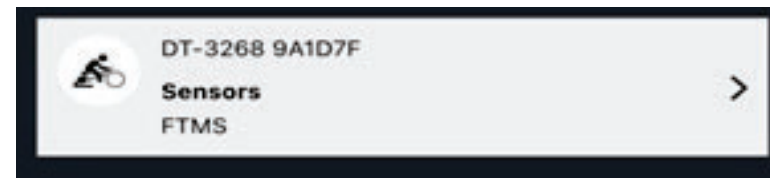
5. Select "sensor" at the very bottom



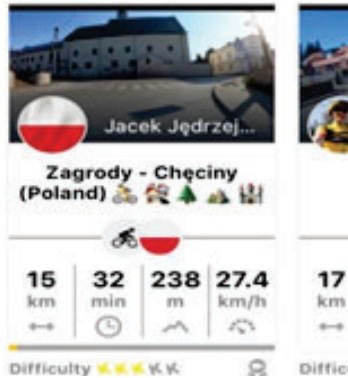
6. Select machine you wish to connect



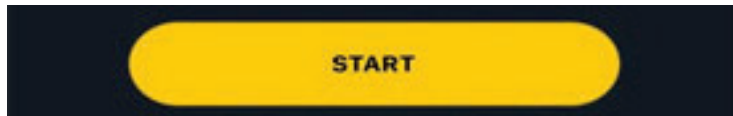
7. Successfully paired machine will show up on this page



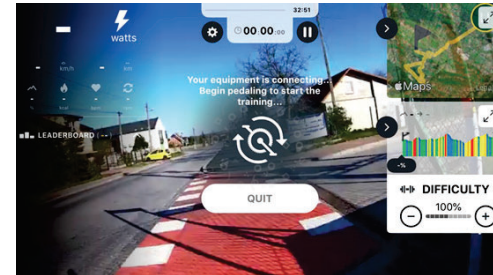
8. Go to browse to select a video you would like to play



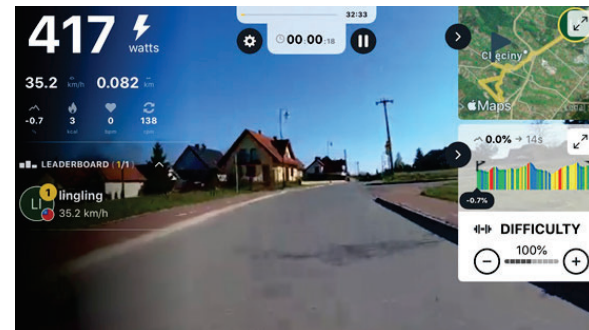
9. Select Start



10. Press start on the console when kinomap ask you to start pedaling



11. Enjoy the ride!



The console is compatible with most virtual active apps available.

TROUBLESHOOTING

No Display on Console

1. Press any key to bring the console to 'Quick Start' mode.
2. Ensure that the batteries are installed properly in the Console and Transmitter. If they are, install fresh batteries.

No Heart Rate signal displayed

1. Ensure that your chest strap is worn correctly, and that there is moisture under the electrodes of the chest strap.
2. Relocate the bike away from any equipment that could potentially interrupt the radio frequency signal, such as a DVD player or television, etc.

RPM or HR does not change

1. Press 'MODE key' repeatedly to toggle between SPEED (SPD), DISTANCE (DIST), TIME (TIME) and CLOCK (CLK) values.
2. Press and Hold 'SET key' repeatedly to clear past measured value or go into setting and exit.

Cadence number jumps high or low

1. Separate bikes that may be paired to the same console code and are cross-talking, or simply run transmitter pair stage again on the bike.
2. Relocate the bike to a different part of the room, away from any RF interference areas.

Heart Rate signal gets interrupted or drops out

1. Ensure that there is a minimum distance of 36 inches between bikes.
2. Verify that your chest strap is secure and that the electrodes are making contact with your chest at all times.

INDOOR CYCLE SETUP

LEVELERS

Place the cycle on a level area, if at all possible. If the cycle needs leveling, turn the levelers clockwise or counterclockwise until the base is stable and does not rock.

ADJUSTMENT KNOBS

All four adjustment levers function the same way. Turn the knob clockwise to tighten and counterclockwise to loosen.

SEAT

The pitch of the saddle can be adjusted to accommodate all users. Loosen the horizontal bolt under the seat to adjust the pitch, then retighten.

TRANSPORTATION

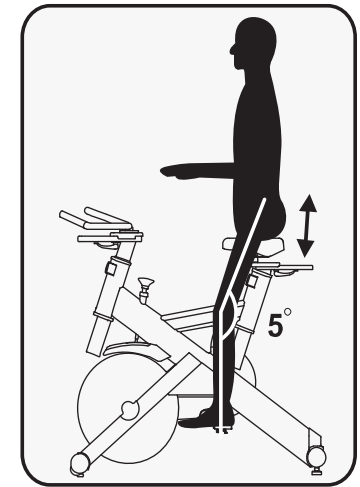
The indoor cycle is equipped with two transport wheels, which are engaged when the rear of the CIC850 indoor cycle is lifted.

Take some time to learn how to properly adjust the bike to your body; it will make your workouts more pleasant and a safer experience too. Riding the bike when it is incorrectly adjusted can result in discomfort and increase your risk of injury.

ADJUSTMENT OF SEAT POSITION

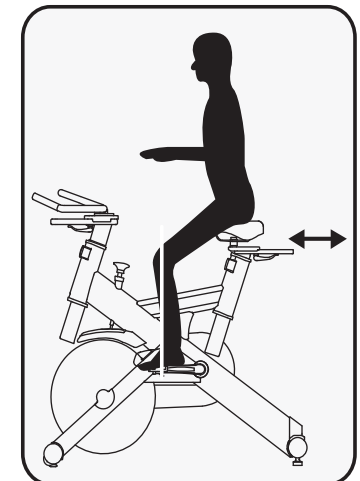
SEAT HEIGHT ADJUSTMENT

1. Standing next to the bike, adjust the seat until it is about hip height.
2. Rotate the crank arms until the pedals are in the vertical position: 12 and 6 o'clock.
3. Place your foot in the toe cage of the pedal closest to the floor and mount the bike. Ensure that the ball of your foot is over the center of the pedal. Your leg should be slightly bent at the knee, about 5 degrees.
4. If your leg is too straight or your foot cannot touch the pedal you will need to lower the seat height. If your leg is bent too much, you will need to raise the seat height.
5. Dismount the bike. Then loosen the knob on the seat post and adjust up or down as necessary.
6. When the seat is in the desired position, tighten the knob to secure the seat post.
7. Note the final position mark on the seat post for future reference.



SEAT FORWARD/AFT ADJUSTMENT

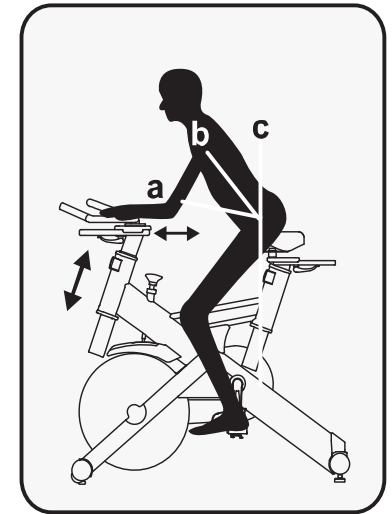
1. Sit on the bike with the crank arms in the 3 and 9 o'clock positions. A proper forward/aft position (for road bike training) of the seat is achieved when the small bump at the top of your shin is above the pedal axle.
2. Dismount the bike. Loosen the knob under the seat and slide the seat forward or backward as desired; tighten the knob.



HANDLE BAR ADJUSTMENT

HANDLEBAR HEIGHT ADJUSTMENT

1. The handlebar height is a matter of preference. Start with a handlebar height that is the same as the seat's height. Adjusting the handlebar higher will give the rider a more upright position; lower will result in a more crouched position.
2. Raise or lower the handlebar by loosening the knob on the handlebar post and adjust by sliding the handlebar mount up or down as desired. Then tighten the knob to secure the handlebar post. Note the final position mark on the handlebar post for future reference.



ADJUSTMENT OF HANDLEBAR'S FORWARD/AFT POSITION

1. Loosen the knob under the handlebar and slide the handlebar forward or backward as desired. A suitable forward/aft position should allow the rider to comfortably grasp the handlebar with a slight bend at the elbow.
2. Tighten the knob to secure the handlebar assembly.

RESISTANCE ADJUSTMENT

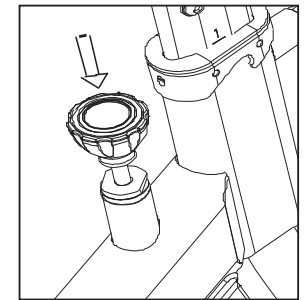
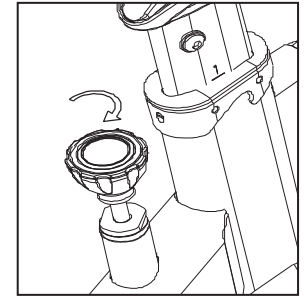
Resistance can be adjusted easily at any time while riding to change the intensity of workout. Turn the knob clockwise (+) to increase resistance. Turn the knob counterclockwise (-) to decrease resistance.

EMERGENCY BRAKE

In case of emergency or before dismounting the indoor cycle, presses directly **DOWN** on the resistance knob to stop the flywheel and pedal.

PEDAL STRAP ADJUSTMENT

Place the ball of your feet in the toe clip till the front of the shoe is snugly in the cage. Then tighten the strap of toe clip around your shoe by pulling up on the strap until cage of toe clip fits snugly around the shoe.



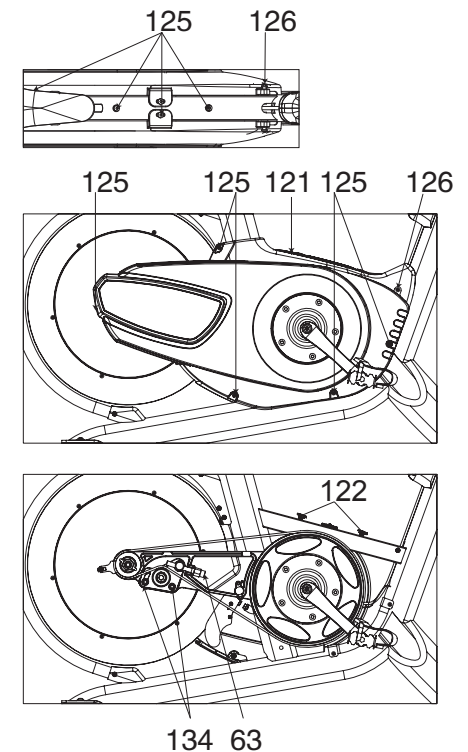
BELT TENSION ADJUSTMENT

The belt tension had been set before shipping. It should not need to be adjusted when first using. However, you may need to make the minor tension adjustment over time.

NOTE: Make sure you adjust both side equally, either tighten or loosen the belt tension so that the flywheel keep in alignment with the frame.

ADJUST THE BELT TENSION

1. Remove the **2 Guard (Top) Cover (122)** on the **Guard (top) (121)** . Remove the screw covers, **4 Screws (125)** and **2 Screws (126)** . Remove the **Guard (top) (121)**.
2. Remove the **7 (125)** and remove the **Right guard (120)** .
3. Use **L type wrench (B)** to loosen **2 Hex Screws (134)** with two turns counterclockwise.
4. Use **L type wrench (B)** to adjust **Screw (63)** . Turn counter-clockwise to loosen belt. Turn clockwise to tighten belt. Then adjust the belt. Tighten the **2 Hex Screws (134)** clockwise.
5. Turn the crank to see if belt runs smoothly. You can also try riding the bike to test the belt tension. If there is still a problem, repeat step #4 until belt is at correct tension.
6. Put the **Right guard (120)** back on and re-tighten the **Screws (125)** . Put the **Guard (top) (121)** back on and re-tighten the **4 Screws (125)** and **2 Screws (126)**



GENERAL MAINTENANCE

1. Wipe down all areas in the sweat path with a damp cloth after each workout.
2. If a squeak, thump, clicking or rough feeling develops the main cause is most likely one of two reasons:
 - a. The hardware was not sufficiently tightened during assembly. All bolts that were installed during assembly need to be tightened as much as possible. It may be necessary to use a larger wrench than the one provided if you cannot tighten the bolts sufficiently. We cannot stress this point enough; 90% of calls to the service department for noise issues can be traced to loose hardware.
 - b. The crank arm nut needs to be retightened.
 - c. If squeaks or other noises persist, check that the unit is properly leveled. There are 2 leveling pads on the bottom of the rear stabilizer, use a 14mm wrench (or adjustable wrench) to adjust the levelers.

MAINTENANCE SCHEDULE

| Part | Recommended Action | Frequency | Cleaner |
|-----------|--|-----------------|---------|
| Pedals | Ensure that pedals are tight in crank arms, that all screws on pedals are tight, and that the pedal straps are not frayed. | Before each Use | N/A |
| Frame | Wipe down using a clean, soft damp cloth | Daily | Water |
| Flywheel | Wipe down using a clean, soft damp cloth | Weekly | Water |
| Brake Pad | Check for wear | Monthly | N/A |

1. Do not service internal parts of pedals. If they are found to be worn internally, we recommend replacing the pedal.
2. Use of lubricants or cleaning solutions other than those so specified will result in diminished performance and a shorter life span for that part.

INDOOR CYCLE WARRANTY – EFFECTIVE OCTOBER 28, 2020

Dyaco Canada Inc. warrants all its bike parts for a period of time listed below, from the date of retail sale, as determined by a sales receipt. Dyaco Canada Inc.'s responsibilities include providing new or remanufactured parts, at Dyaco Canada Inc.'s option, and technical support to our independent dealers and servicing organizations. In the absence of a dealer or service organization, these warranties will be administered by Dyaco Canada Inc. directly to a consumer. The warranty period applies to the following components below:

| Warranty | Frame | Parts | Labor | Wear Items* |
|---|----------|---------|--------|-------------|
| Commercial (Health Clubs, YMCA, Community Centers, dues paying facilities) | 10 Years | 3 Years | 1 Year | 1 Year |
| Commercial (non-dues paying facilities) | 15 Years | 3 Years | 1 Year | 1 Year |
| Residential | Lifetime | 3 Years | 1 Year | 1 Year |

*Wear Items include items such as grips, end caps, and toe cage straps.

NORMAL RESPONSIBILITIES OF THE CONSUMER

1. The product registration must be completed. Please visit us at www.spiritfitness.ca/warranty under the Support tab to register online.
2. Proper use of the fitness equipment in accordance with the instructions provided in this manual.
3. Expenses for making the fitness equipment accessible for servicing, including any item that was not part of the fitness equipment at the time it was shipped from the factory.
4. Damages to the fitness equipment finish during shipping, installation or following installation.
5. Routine maintenance of this unit as specified in this manual.

EXCLUSIONS

This warranty does not cover the following:

1. CONSEQUENTIAL, COLLATERAL, OR INCIDENTAL DAMAGES SUCH AS PROPERTY DAMAGE AND INCIDENTAL EXPENSES RESULTING FROM ANY BREACH OF THIS WRITTEN OR ANY IMPLIED WARRANTY.
Note: Some states do not allow the exclusion or limitation of incidental or consequential damages, so this limitation or exclusion may not apply to you.
2. Service call reimbursement to the consumer. Service call reimbursement to the dealer that does not involve malfunction or defects in workmanship or material, for units that are beyond the warranty period, for units that are beyond the service call reimbursement period, for fitness equipment not requiring component replacement, or fitness equipment not in non-dues paying facility or household use.
3. Damages caused by services performed by persons other than authorized Spirit Fitness service companies; use of parts other than original Spirit Fitness parts; or external causes such as corrosion, discoloration of paint or plastic, alterations, modifications, abuse, misuse, accident, improper maintenance, inadequate power supply, or acts of God.
4. Products with original serial numbers that have been removed or altered.
5. Products that have been: sold, transferred, bartered, or given to a third party.
6. Products that do not have a warranty registration card on file at Spirit Fitness. Spirit Fitness reserves the right to request proof of purchase if no warranty record exists for the product.
7. THIS WARRANTY IS EXPRESSLY IN LIEU OF ALL OTHER WARRANTIES EXPRESSED OR IMPLIED, INCLUDING THE WARRANTIES OF MERCHANTABILITY AND/OR FITNESS FOR A PARTICULAR PURPOSE.
8. Product used in prisons and correctional facilities
9. Warranties outside of the United States may vary. Please contact your local dealer for details.

CIC850 PARTS LIST

| No. | DESCRIPTION | QTY | No. | DESCRIPTION | QTY |
|-----|--------------------------------------|-----|-----|---|-----|
| 1 | Frame | 1 | 21 | Brake knob-cover | 2 |
| 2 | Outer circle tube assembly | 1 | 22 | Flat cross head screw (UCP)M4*P0.7*10L | 3 |
| 3 | Front stabilizer assembly | 1 | 23 | Knob bolt block | 2 |
| 4 | Transportation wheel | 2 | 24 | Pop pin knob(short) | 1 |
| 5 | Flat washer SUS304 M8(D19*d8.5*1.0t) | 8 | 25 | Flat cross head screw SUS304 M3*P0.5*6L | 6 |
| 6 | Nylon nut SUS304 M8*P1.25 | 2 | 26 | Flat cross head screw SUS304 M4*P0.7*8L | 11 |
| 7 | Hex screw M8*1.25*45L | 2 | 27 | Flat cross head screw M5*P0.8*8L | 9 |
| 8 | Hex nut ϕ 3/8"*16T*8t | 4 | 28 | Spring Washer SW5*1.0t | 12 |
| 9 | Leveler foot | 4 | 29 | Saddle | 1 |
| 10 | Rear stabilizer assembly | 1 | 30 | Handlebar | 1 |
| 11 | Seat slider welding assembly | 1 | 31 | Adjustment handlebar block(up) | 1 |
| 12 | Seat post assembly | 1 | 32 | Up sweat guard(front) (wider) | 1 |
| 13 | Seat adjustment taut block | 1 | 33 | Up sweat guard(back) (wider) | 1 |
| 14 | Seat post panel | 1 | 34 | Handlebar adjustment taut block | 1 |
| 15 | Up sweat guard(back) | 1 | 35 | Pop pin knob(long) | 1 |
| 16 | Up sweat guard(front) | 1 | 36 | Flat hex screw SUS304 M8*P1.25*25L | 2 |
| 17 | Down sweat guard(back) | 1 | 37 | Handlebar Post assembly | 1 |
| 18 | Down sweat guard(front) | 1 | 38 | Down sweat guard(front) (wider) | 1 |
| 19 | Adjustable knob | 2 | 39 | Down sweat guard(back) (wider) | 1 |
| 20 | Konb screw (UCP) ϕ 9*27.5L | 2 | 40 | Handlebar post panel | 1 |

| No. | DESCRIPTION | QTY |
|-----|---|-----|
| 41 | Flat cross head screw SUS304 M8*P1.25*12L | 2 |
| 42 | Flywheel set | 1 |
| 43 | Aluminum Ring | 1 |
| 44 | Flywheel AXIS | 1 |
| 45 | Flat cross head screw SUS304 M5*P0.8*16L | 6 |
| 46 | Flat cross head screw M8*P1.25*10L | 8 |
| 47 | Permanent magnet | 1 |
| 48 | Sprocket / pulley | 1 |
| 49 | Right crank | 1 |
| 50 | Left crank | 1 |
| 51 | Bottom bracket set | 1 |
| 52 | Crank fix screw | 2 |
| 53 | Small sprocket / pulley | 1 |
| 54 | Bearing block (left) | 1 |
| 55 | Bearing block (right) | 1 |
| 56 | Bearing 16004ZZ | 2 |
| 57 | Flat cross head screw SUS304 M6*P1.0*12L | 6 |
| 58 | Flat washer UCP D24*d8.5*1.5t | 1 |
| 59 | Belt 5PK 1360L | 1 |
| 60 | Idler pulley arm assembly | 1 |

| No. | DESCRIPTION | QTY |
|-----|--|-----|
| 61 | Bearing-6203ZZ | 2 |
| 62 | C type clip | 1 |
| 63 | Idler pully adjust screw | 1 |
| 64 | Idler pully positioning nut | 1 |
| 65 | Allen head bolts M8*P1.25*55L | 4 |
| 66 | Flat washer M8(D16*d8.2*1.0t) | 3 |
| 67 | Idler pully casing | 1 |
| 68 | Flywheel Fixed sheet casing A | 1 |
| 69 | Flywheel Fixed sheet Positioning nut | 1 |
| 70 | Sensor board fixing piece | 1 |
| 71 | Permanent magnet | 6 |
| 72 | Bearing-LF-1910ZZ | 3 |
| 73 | Brake block (right) | 1 |
| 74 | Brake block (left) | 1 |
| 75 | Brake gasket assembly | 1 |
| 76 | Flat cross head screw SUS304 M4*P0.7*40L | 2 |
| 77 | Nylon nut SUS304 M4*P0.7 | 2 |
| 78 | Brake line Turntable | 1 |
| 79 | Brake block axis | 1 |
| 80 | Brake block axis Lining | 1 |

| No. | DESCRIPTION | QTY | No. | DESCRIPTION | QTY |
|-----|--------------------------|-----|-----|--|-----|
| 81 | Brake Spring | 1 | 101 | Square plastic bushing | 1 |
| 82 | Brake line | 1 | 102 | Flat washer SUS304 M8(D16*d8.1*1.6t) | 1 |
| 83 | PE Wahser | 1 | 103 | Flat cross head screw SUS304 M6*P1.0*20L | 2 |
| 84 | Nylon nut SUS304 M8*P2.0 | 1 | 104 | Star-type pop pin knob | 2 |
| 85 | Slider block | 1 | 105 | Water bottle holder | 1 |
| 86 | Nylon nut SUS304 M5*P0.8 | 1 | 106 | Tablet Holder | 1 |
| 87 | Fixed pulley | 1 | 107 | Fixed base assembly | 1 |
| 88 | Nylon bushing (black) | 2 | 108 | L type knob | 1 |
| 89 | Handbrake shaft pin L | 1 | 109 | Console bracket | 1 |
| 90 | E type circlip $\phi 5$ | 1 | 110 | Console DT-3268F | 1 |
| 91 | E type circlip $\phi 3$ | 2 | 111 | Flat washer SUS304 M6(D16*d6.5*1.0t) | 2 |
| 92 | Swing arm assembly | 1 | 112 | Bushing (seat post/handlebar) | 2 |
| 93 | Nylon fixed pulley | 1 | 113 | Left dumbbell Holder | 1 |
| 94 | Handbrake shaft pin B | 2 | 114 | Right dumbbell Holder | 1 |
| 95 | Extension spring | 1 | 115 | Outside plate fixing part backing plate | 1 |
| 96 | Brake Knob | 1 | 116 | Outside plate fixing | 1 |
| 97 | Brake knob up cover | 1 | 117 | Left chain guard A | 1 |
| 98 | Brake knob cover | 1 | 118 | Small chain guard cover | 1 |
| 99 | Brake rod | 1 | 119 | Flat cross head screw M4*P0.7*10L | 1 |
| 100 | Compression spring | 1 | 120 | Right chain guard B | 1 |

| No. | DESCRIPTION | QTY |
|-------------|---|-----|
| 121 | Chain guard up | 1 |
| 122 | Chain guard up cover | 2 |
| 123 | Brake guard right | 1 |
| 124 | Brake guard left | 1 |
| 125 | Flat cross head screw M5*P0.8*14L | 25 |
| 126 | Flat cross head screw M5*P0.8*25L | 2 |
| 127 | Round head Phillips tapping screws | 1 |
| 128 | Flat washer M5(ϕ 5.3* ϕ 10*1t) | 6 |
| 129 | Nylon nut SUS304 M10*P1.5 | 1 |
| 130 | Flat washer (D16*d10.2*1.0t) | 1 |
| 131 | Hex screw M6*P1.0*20L | 1 |
| 132 | Hex nuts (UCP)M6*P1.0*5.0t | 1 |
| 133 | Hex nuts (UCP)M16*P1.5*7.8t | 1 |
| 134 | Flat cross head screw M8*P1.25*15L | 2 |
| 135/ 136 | Pedal L/R | 1 |
| 137 | Screw M5*15L | 1 |



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CIC850 Owners Manual
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